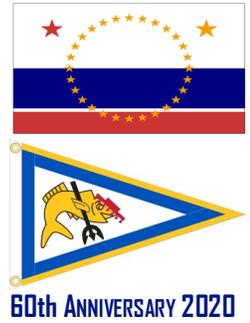




# THE MARINER'S NEEDLE



May 2020

Volume 59 Number 10

Celebrating 59 years!

District 28

## SAN LUIS REY SAIL AND POWER SQUADRON

A Unit of the United States Power Squadrons®  
*Come for the Boating Education...Stay for the Friends™*

Sail and Power Boating  
OF  
Oceanside, California  
OFFICIAL PUBLICATION  
**MAY 2020**

**ALL EVENTS THROUGH MAY 31, 2020, HAVE BEEN EITHER POSTPONED OR CANCELLED DUE TO THE PANDEMIC COVID-19.**

**WE WILL BE BACK SOON!**

**IN THE MEANTIME, READ THE NEWSLETTER AND STAY IN TOUCH WITH EACH OTHER!**



**You Keep the Ship Afloat!**

See message from Mary Paige Abbott (Chief Commander USPS) on Page 7.

### INSIDE THIS ISSUE

COMMANDER'S CORNER	2
5 MONTH CALENDAR	2
60TH ANNIVERSARY INVITATION	3
SEO EDUCATION REPORT	4
MAY BIRTHDAY CELEBRANTS	4
LESSONS LEARNED FROM THE USCG	5
JUSTIN'S CULINARY CORNER	6
LETTER FROM USPS CHIEF COMMANDER	7
SEA FEVER	7
A SAFETY REPORT	8
OCEANSIDE HARBOR UPDATE	9
NURSE WHO CAME BY SAIL AND SEA	9
PHOTO PAGE	10
FALL GOVERNING BOARD MEETING	11
2020 SLRSPS BRIDGE	12

ADVERTISING RATES AVAILABLE



# 2020

## 5 MONTH CALENDAR

ALL PENDING COVID-19 RESTRICTIONS BEING LIFTED

### May

- 4 1830 Ex. Com Meeting—*Teleconference*
- 13 All Member & Guest Potluck—Oceanside Yacht Club (Cancelled)
- 14 May 15 Wear your Life Jacket to Work Day
- 16-22 USPS National Safe Boating Week.

### June

- 1 1830 Ex. Com. Meeting - Home of Adriaan & Cheryl Veldhuisen
- 5-6 SLR 60th Anniversary—Jolly Roger Guest Docks, Oceanside, CA. "Cheers to 60 Years!" Pending
- 11-14 San Diego Boat Show – Spanish Landing Park East

### JULY

- 6 1830 Ex. Com. Meeting—Home of Van & Cida Diehl
- 10-12 Del Mar Marina Raft-up — Organizers: Shawn Goit
- 13 Cruise to Catalina—choose own length of stay

### AUGUST

- 3 1830 Ex. Com Meeting —Home of James & Suzi Weaver
- 14 800 Beach Sundowner—Marina Suites seaside lot—Oceanside Harbor

### SEPTEMBER

- 7 1600 Labor Day Ex.com—Home of Dan & Adele Rancourt
- 6-13 USPS Governing Board Meeting—Hilton Raleigh North Hills, NC
- 11-13 SLRSPS Cruise to Catalina—Organizer: Shawn Goit
- 16 All Member & Guest Event—Potluck Dinner —OYC
- 19-20 Oceanside Harbor Days
- 26—30 Lake Powell—Hosted by Phoenix Sail & Power Squadron

AMERICA'S BOATING CLUB  
OCEANSIDE

## A Note From the Commander



For those that love a short report this one will suffice. The stay at home order along with having to maintain social distancing has eliminated any possible chance of our club gathering together.

So far in 2020 our general membership meetings have been cancelled along with scheduled sundowners and our boating classes are *on hold*. Thanks to the flexibility of **Paul Oswald** and **Jude Fleming** we did finish the **Weather** class and take the test but who knows when the scores will be sent back since the national headquarters continues to be closed.

Both **Oceanside** and **San Diego** harbors have closed their parking lots, boat ramps and associated parks. San Diego is beginning to ease some restrictions but continues to restrict any recreation on the water. **See Page 9 for an update on Oceanside Harbor**. If you have a boat or enjoy boating in San Diego Harbor and are interested in signing a petition to "Open San Diego for Boating" the following link is available: [it can be found here.](#)

Moving forward we did have our first ever online executive conference call. I think it went well thanks to **Van** and **Cida Diehl** for hosting. I want to commend the committee for having such a positive attitude with our current circumstances. We'll continue to plan and organize so when we are able to get together and get back on track it will be full speed ahead.

To finish I'd like to add the following excerpt from a short article written by **Dr. Richard Gunderman**, a professor at **University of Illinois**. He uses the fictional tale of **Robinson Crusoe** in speaking about isolation, "As my family and I have sheltered in place, we have shared a similar experience. We are taking more walks and lingering longer at the dinner table. Now that we are not rushing as much from one thing to another, we've discovered what it means to be in one place and simply savor being together". Times can be tough right now but some day we'll look back and say remember when.

Best wishes to all and be safe!

Cdr Kirk T. Lippert, AP

SIGN UP NOW—CLICK THE LINKS

Pending COVID-19 Restrictions lifted .....

San Luis Rey Sail & Power Squadron



1960



2020



Cheers to 60 YEARS

<https://americasboatingcluboceanside.org/cheers-to-60-years/>

5-6 June 2020

San Luis Rey Sail & Power Squadron will be celebrating its 60th Anniversary. All are welcome to attend this fun-filled event. 1960s attire is optional.

- \* Hot Dogs Friday / Saturday Afternoon Catering
- \* Gold Medal Award Winning Wine Tasting
- \* Opportunity Knocks
- \* Trivia Prizes
- \* Randy Boswell on Ukulele
- \* Salute to 60 Years Video



Event to be held on the Visitors' Docks and the grassy knoll beside and in front of the Jolly Roger.

**Jolly Roger**  
1900 N. Harbor Drive  
Oceanside, CA 92054

Visit the link above to sign up and pay.  
Or Call Shawn Goit: 760-468-6212

**\$11/\$20**

\$11 Saturday Aft. Catering  
Add \$9 for Wine Tasting

We have a tentative hold on a limited number of guest slips. First-come first-served. Visit the link above to reserve. The rate is \$.90/foot per day.



# S.E.O. EDUCATION UPDATE



The **United States Power Squadrons®** started its teaching around 1941 and **San Luis Rey Sail & Power Squadron** continued this work after they were chartered June 13, 1960.

Since that day, San Luis Rey Sail & Power Squadron has taught hundreds of students from the beginning courses: **America's Boating Course** to advanced classes in **Celestial Navigation**. Every year the **Educational Officer** compiled the classes together with his instructors and took requests for classes and seminars from the members.

San Luis Rey continued its education programs for 60 years - until **March 4 - 2020**. At that time all classes stopped as a result of the of **COVID-19**.

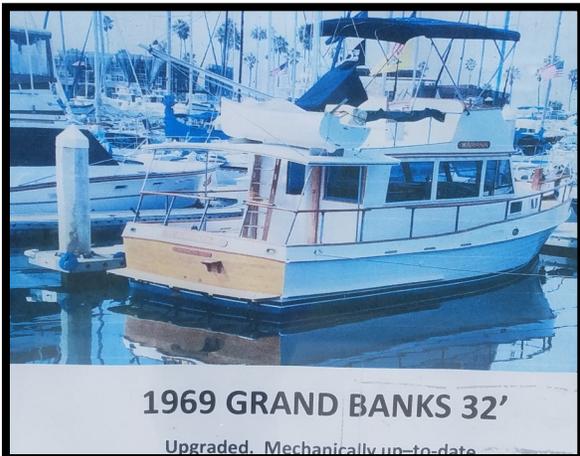
The **ABC** paused and will continue when things open up again, the **Advanced Marine Navigation** became a home study and the **Weather** class did the test and mailed it to Headquarters.

The **Marine Communication** class was cancelled. Sixty years of education stopped in San Luis Rey Sail & Power Squadron. We are writing Squadron History.

In the meantime, we all must keep up our hopes up that this virus will go away soon. The classroom at Oceanside Yacht Club and the parking lot will open again to education.

On my last walk at the harbor, I was thinking about how lucky we are to have this beautiful destination - to see all the boats we boaters love.

For some of us a 32 ft "Woody Grand Banks" for sale brings back memories of good times in the Delta. The cost of this 1969 boat is \$32,000. It is a cabin on the water. But check with a surveyor before buying.



*These times will change, and we will continue our "education".*

<https://AmericasBoatingClubOceanside.org/> to register on-line for classes and seminars or contact

**Lt/C Jan Follestad, SN- CN**  
at [follestad71@gmail.com](mailto:follestad71@gmail.com)

or

**1/Lt Janis Siems, AP**  
at [janis@kamtel.net](mailto:janis@kamtel.net)

for registration and information about the educational opportunities available for you.

*Lt/C Jan Follestad, SN-CN*

## Happy - MAY - Birthdays

KARIN PETERSON	05
MARK MANGEN	08
SUZI WEAVER	08
LESTER B. JOHNSON	13
GREG GUAYANTE	14
TERRI NOVACEK	27

# SAFETY LESSONS LEARNED FROM THE U.S. COAST GUARD for MAY



**S**o we have all learned a new concept: **Social Distancing**. I am inclined to say that safe boating is a prime example of a safe *Social Distancing* activity, but it seems to have become a bit more involved. If I had to design the new restrictions, I would say:

*“limit the people aboard to those family members you share your home with, don't raft up with other boats or pull up onto a beach close to another boat; be careful to maintain a safe distance from others when doing things like loading up at the marina or fueling the boat, and of course wash your hands or use a hand sanitizer after entering the marina or fueling, etc.”*

On April 3 the **Port of San Diego** issued a public health order saying that boating for recreational purposes is prohibited on or in public waterways until further notice. Therefore, **San Diego Bay** is closed to recreation—including boating, kayaking, paddle boarding, and recreational fishing—until further notice. **Oceanside** followed with similar rules, closing all beaches, piers, parks, harbor businesses and parking lots. In effect you cannot participate in recreational boating, visit the Oceanside harbor, or get a slip. And all of this is to serve yet another new concept: *Flatten the Curve*. I am not going to give you my personal opinion, though tempted, as I don't want to promote civil disobedience. I also do not want to start a debate, but I pray that we may soon return to the enjoyment of safe recreational boating, *my favorite pastime*.

**See page 9 for update**

For last month's challenge we looked an INLAND situation, like in San Diego Bay, where you (*a very large vessel*) must remain in the channel for safe operation. Another vessel is crossing the channel ahead of you from your starboard and you are doubtful as to the intention of the crossing vessel. I asked what you must do, and the answer was C: you shall sound the

warning/doubt signal, based on Rule 9 (d). Where it may be less clear is that there is no definition of "*very large vessel*" or of "*narrow channel*" so this remains your judgement call. When you are the captain of the large vessel, your judgement is whether you can safely go outside of the channel.

Often a tug-and-tow is seen as such a large vessel. Also, there have been several attempts to get the **US Coast Guard** to define and designate INLAND narrow channels. Usually, it is decided by the courts that a particular waterway is a narrow channel after an accident. Lastly, a warning/doubt signal may not give you privileges, but each vessel shall take appropriate precautionary action until a safe passing agreement is made.

For this month's challenge let's stay with the towing rules for now.

**A power-driven vessel towing astern in an operation which severely restricts the towing vessel and her tow in their ability to deviate from their course shall, when making way, show:**

- A) *The masthead light for a towing vessel.*
- B) *The lights for a vessel restricted in its ability to maneuver.*
- C) *Sidelights, stern light and towing light.*
- D) *All of the above.*

As usual, this question should be answered with the **Navigation Rules & Regulations Handbook**. I want to know the two Rules that apply, and the subs.

And as I wrote last month, which sadly still applies, one more thing: I often tell you about the courses that are offered by our Education Team.

Because of the "*Shelter in Place*" regulations, all classes are postponed until it is safe to get together again, and our classroom facility at the **Oceanside Yacht Club** is available to our instructors.

*Check out our website!*

<https://AmericasBoatingClubOceanside.org/>

*or contact*

Lt/C **Jan Follestad**, SN at [Follestad71@gmail.com](mailto:Follestad71@gmail.com)

or 1/Lt **Janis Siems**, AP at [janis@kamtel.net](mailto:janis@kamtel.net)

*Be safe out there.*

*Lt/C Adriaan Veldhuisen, SN-ON*

## Justin's Culinary Corner



### CINCO DE MAYO HOT AND SMOKY MEZCAL MARGARITA

*A super delicious and refreshing Mezcal Margarita recipe with Jalapenos to give it a kick and the smokiness comes from the Mezcal*

#### INGREDIENTS:

- 2 Jalapeño slices with seeds removed
- Ice
- 1.5 oz Mezcal
- 1.5 oz Triple Sec or other orange liqueur
- 1 oz lime juice
- 2 teaspoons Agave nectar
- Coarse salt
- Lime wheels and additional Jalapeño slices for garnish

#### INSTRUCTIONS:

- Rub a lime wedge around the rim of a rocks glass, then roll the rim in coarse salt to coat. Fill the glass with ice and set aside.
- In a cocktail shaker, muddle the Jalapeno slices, then add the ice, Mezcal, Tripe Sec, lime juice and agave nectar;
- Shake until frost starts to form on the cocktail shaker, about 30 seconds;
- Pour into the glass through a strainer and garnish with a lime wheel and a Jalapeno slice.



FEEDBACK: [justin@saltpepperskillet.com](mailto:justin@saltpepperskillet.com)

WEBSITE/READ MORE AND SEE PHOTOS:

[HTTPS://SALTPEPPERSKILLET.COM](https://saltpepperskillet.com)

## DO YOU REMEMBER WHEN?

Blind Japanese Mitsuiro (Hiro) Iwamoto visited

San Luis Rey Sail & Power Squadron and shared with us his story and some of his future goals.

Hiro, aged 52, lost his sight at age 16, and lives in San Diego.



In 2019 he completed a non-stop 8,700 mile Pacific crossing from San Diego to Fukushima, Japan, (aided by American navigator **Doug Smith**—whom he called “Seeing Eye Doug”), thus making them the first pair and visually impaired person to do so. “A dream come true!” “I am the happiest person on earth”.

The 40' 36,000 lb. sailboat named “Dream Weaver” took two months to complete the voyage.

Hiro's first attempt at the journey in 2013 ended in failure after his boat struck a blue whale and sank. He had to be rescued by the Japanese military.

“We undertake this voyage not only for personal accomplishment, but to send a message that anything is possible when people come together,” Iwamoto wrote on his website. “Whatever it is today, it will be different tomorrow. The question is, how are you going to make the most out of it?”

The two made the voyage to raise money for charity and for efforts to prevent diseases that cause blindness.



Thank you for your service to America's Boating Club. Thank you for being a part of the family! As a volunteer organization, we rely on the generosity and dedication of all our volunteers. Even when you can't be actively engaged, your membership dues continue to support our mission of making our waterways a safer place.

One thing that has become clear during the recent months of social distancing is that America's Boating Club is a family. We check on each other, help those in need, and work together to make our communities and the water a safer place—in good times and bad. Each of you embodies the true spirit of volunteerism, and I thank you for your service.

Wishing you fair winds and calm seas as we navigate these turbulent waters together,

Mary Paige Abbott USPs/ABC Chief Commander

## SEA FEVER

I must go down to the seas again , to the lonely sea and the sky,  
 And all I ask is a tall ship and a star to steer her by,  
 And the wheel's kick and the wind's song and the white sail's shaking,  
 And a grey mist on the sea's face, and a grey dawn breaking.

I must go down to the seas again, for the call of the running tide  
 Is a wild call and a clear call that may not be denied;  
 And all I ask is a windy day with the white clouds flying,  
 And the flung spray and the blown spume, and the sea gulls crying.

I must go down to the seas again, to the vagrant gypsy life,  
 To the gull's way and the whale's way where the wind's like a whetted knife;  
 And all I ask is a merry yarn from a laughing fellow-rover  
 And quiet sleep and a sweet dream when the long trick's over.

*By John Mansfield (1878-1967) Poet Laureate 1930-1967*



# SAFETY REPORT

***WOW, it has been one strange year so far!***

**With the recent lift of restrictions on San Diego beaches, we can be hopeful that we will soon get back  
our waterways.**

**And as the peak of Summer approaches, we can start preparing to exercise our right to have fun on the water!**

**However, before the season comes to saturate the waterways with kayaks, jet skis and wakeboards,  
it is a good idea to go over some important safety guidelines.**

The operation of any size and speed of watercraft requires that you wear the **proper life jacket** or **personal floatation device** (PFD).

- Smaller crafts such as **SUPs or kayaks** can go pretty much anywhere, but are safest near the sides of waterways to ensure clearance of the paths of larger vessels. When navigating in these paddle-crafts in the dark or in foggy weather, a single light that shines outward and/or onto your vessel is required.
- **Jet skis** are one of the most fun ways to spend your time on the water. However, with a lot of speed at the squeeze of the throttle, it is easier than you think to lose control and engage yourself in an accident. Although wearing a watercraft helmet is optional and not required by the law, it is an effective barrier of protection between your head and something really hard, if you were to be ejected from the craft in some way. *(Definitely recommended for more inexperienced riders).*
- When **towing** an individual or group of individuals on any type of **towable craft** *(anything from inflatable tubes to wakeboards)*, a bright colored “wipeout flag” must be carried on the towing vessel and held in the air immediately after a wipeout. This small flag says to other boaters in your area, *“Someone from my party is now in the water. Use extreme caution when navigating this area.”* It is best to make someone the designated flag-holder to ensure there is no hesitation when a wipeout occurs.

**I hope that this information encourages the practice of on-the-water safety precautions and proper operation of all watercraft. As we approach the season of some well-deserved Summer fun, please utilize these important guidelines to guarantee a safe on-the-water experience. *Have fun and stay safe!***

*Dt/L Jake Alcantara, P*

## Note to The Mariner's Needle from Nigel Woolf, AP

I have been unable to reach anyone in the Oceanside Harbor Administration, so I took my questions to the mayor's office. Peter Weiss was helpful and sent me the note below.

In short:

- 1) *No rebates for the time slip renters are/were prohibited from using their boats at docks and/or taking them out. However, note that overnight stay privileges will be reinstated April 29th and beginning May 1st facemasks are required when within 6' of non-household members.*
- 2) *Fishing for food is officially considered a creational activity and NOT an essential purpose. Boats can not be taken out for fishing at this time.*

### Response to COVID 19

## OCEANSIDE HARBOR GUIDELINES FOR SLIP RENTERS Effective April 29, 2020

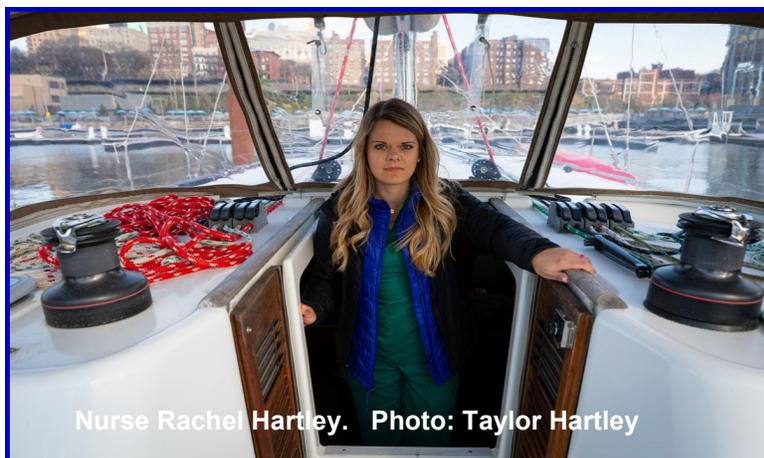
All slip renters allowed access to their vessel  
Limited to Permittee(s), guests and family -  
maximum of 4 people;  
Overnight stay is permitted for Household  
Units only;  
6' Social distancing required;  
No congregation on docks or fingers al-  
lowed;  
Face covering recommended now, mandato-  
ry May 1<sup>st</sup> if within 6' of non-household  
member;  
Social responsibility is necessary;  
All Service Providers allowed to perform  
work.

## By Order of San Diego County

Beaches are open for active use – no sitting,  
no sunbathing;  
Kayak/Paddleboarding is open;  
All Waterways are closed for Recreational  
Boating;  
Public parking is closed;  
Boat Ramp is closed.

[See City of Oceanside Updates](#)

**ALL SUBJECT TO CHANGE WITHOUT NOTICE**



Nurse Rachel Hartley. Photo: Taylor Hartley

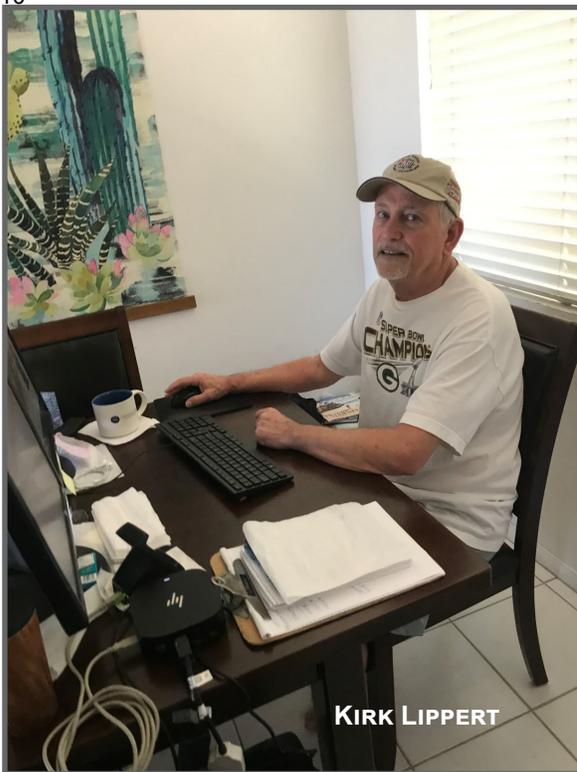
*“Everyone else was running away but me  
being a nurse, I ran towards.”*

On Easter Sunday, Nurse Rachel Hartley (26) and her captain husband Taylor sailed into **New York City** aboard their 50' sailboat “Turning Point” and docked in **Brooklyn Bridge Park**.

On a previous NYC visit (May 18, 2017), Rachel was visiting **Times Square** when a man drove deliberately on to the crowded sidewalk. “It was like a horror film” she said. While everyone was screaming and running away from the scene, Rachel rushed in to help and actually stabilized a young woman who had been hit, until the paramedics arrived.

Rachel has 5 years' experience as a nurse and 2 years in the ICU and had just sailed the nearly 250 miles and 34 hours from Hampton, Virginia. She is one of thousands of out-of-town medical professionals answering the call to provide reinforcements to the city's hospitals. Rachel plans on staying at least 2 months. She will be based at **NYU Langone** in Brooklyn, NY.

**The Nurse Who Came by Sailboat and Sea**



KIRK LIPPERT



SARA LIPPERT

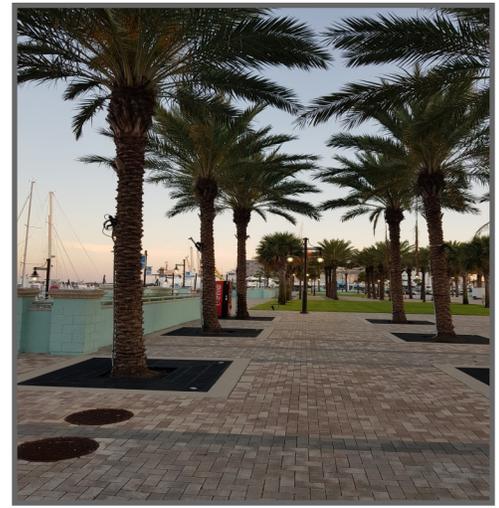


ADAM LIPPERT

# WORKING FROM HOME? WHAT DOES YOUR SPACE LOOK LIKE?

## JOKES

- Q1: Where do sick boats go to get healthy?
- Q2: I ran out of toilet paper and had to start using old newspapers -
- Q3: What is the best way to avoid touching your face?
- Q4: If there is a baby boom 9 months from now, what will happen in 2033?



*An office worker died at our marina today from COVID-19. We are not allowed to return to Grand Bahama so are in limbo in Paradise USA. Kayaking for exercise is allowed from our boat Isola around Peanut Island Rivera Beach Marina, Fl. Stay healthy! Pam Orisek.*



- A4: *There will be a whole bunch of quarantens.*
- A3: *A glass of wine in both hands.*
- A2: *Times are rough!*
- A1: *The Dock.*

## ANSWERS



Photo: David Nack

### Have you seen the fabulous Luminescence glow in Carlsbad this week?

Drive south along Coast Highway from either Tamarack or Palomar Airport Road, there will be no parking facilities due to COVID-19 restrictions, so have 2 in the car if photographing. *The police are on the prowl.*

The wonderful rains that we have recently experienced in North County have generated a coastal red tide that is teeming with **Lingulodinium Polyedra**, producing bright white and blue bioluminescence at night, a fabulous phenomenon also known as sea sparkle. The best viewing this week is around 10p.m.

This may also be seen in the wake of a boat but not being to take our boats out at the moment doesn't help!!!!



*Photos provided by David Nack, Jan Follestad, Kirk Lippert, and Pam Orisek.*

*If you would like to see either yours or more photos, please make sure you send them to the Editor prior to the 25th of each month.*



## 2020 Fall Governing Board

### Raleigh, North Carolina

## Come Learn our History and Meet USPS Headquarters Staff

The 2020 Fall National Governing Board will be held in Raleigh, North Carolina (September 8-13).

In addition to accomplishing lots of work for the organization, the national meetings committee has planned some wonderful offsite events.

Everyone is invited to attend the meetings, meals and tours!

Join us for fun, work, and fellowship!

*You determine how much of each.*

Tours of the headquarters building, including the library and board room, the warehouse, the shipping center and the various offices will be the highlights. In addition, there will be a cocktail hour at the hotel with the staff in attendance. Come meet the wonderful people who help solve your challenges! There are three opportunities for these tours on Wednesday, Thursday and Friday. There are other tours and events available including a Kayaking Trip, Tour of Raleigh, Afternoon Tea, and beautiful museums. Check out the meeting website for more details. [https://www.usps.org/php/reservations\\_new/meetings.php?mtg\\_id=39](https://www.usps.org/php/reservations_new/meetings.php?mtg_id=39)

### LOVE A GOOD MYSTERY?

Grab your friends and join us in Raleigh NC on **September 10<sup>th</sup>** for a fun, exciting, mysterious evening of dinner and fellowship at the **Murder Mystery Dinner Theater**. The dinner will be held at the **National Fall Governing Board Meeting**.

### WHY ATTEND A NATIONAL MEETING?

The **USPS/ABC** national meetings are designed to conduct the business of the organization. People who support the organization gather to share ideas and have fun accomplishing our goals. Committee members of all levels (*squadron, district and national*) are encouraged to attend and participate in their associated national committee. Communication is the key, the fun is the result! Not a member of a committee? *Come interact with those who are or join others on tours around the area.*

We will be having lots of onsite and offsite activities in addition to meeting and communicating with other USPS/ABC members. Some of the other activities will include kayaking, touring our headquarters building, visiting the **NC History and Science Museums**, sampling the wonderful **IPA beers** in the area and afternoon tea in the beautiful wooded property of the **Carolina Inn**. The business of USPS/ABC is conducted by the various committees, but we encourage everyone to join in the fun and fellowship by attending the meals and tours (*when available*). Everyone is invited to attend the meetings, meals and tours!

### JOIN US IN RALEIGH, NC!

**We are bringing it home!** The Raleigh Hilton North Hills is working with the **National Meetings Committee** to make this a very economical meeting for all attendees. This will be a fun and exciting meeting for our members in our hometown. The meetings are designed to accomplish the work of the committees and to enhance the organization to keep ahead of the boating community needs. Everyone is welcome to join and those not interested in attending meetings or can break away from meetings, are welcome to join us on various tours and activities in the area. This meeting has been designed with **FUN** as the theme and learning and communication as the goal. We look forward to seeing you there! (*Special gifts for First Time national meeting attendees will be given.*)

# UNITED STATES POWER SQUADRONS®

*Come for the Boating Education...Stay for the Friends<sup>SM</sup>*

## SAN LUIS REY SAIL & POWER SQUADRON : 2020—2021 BRIDGE



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P/C Cida Diehl, SN-CN  
1st/Lt Jill Powell, AP

### FLAG LIEUTENANT

Position Open

### MERIT MARKS

Lt Cheryl Veldhuisen, AP

### COMMANDER'S AIDE

Position Open

### IMMED. PAST COMMANDER

P/C Suzy Cooper, AP

### MEMBER AT LARGE

1st/Lt Barbara Daciolas-Semon, S

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