

## SAN LUIS REY SAIL & POWER SQUADRON

A Unit of the United States Power Squadrons®



OF

Oceanside, California

OFFICIAL PUBLICATION

# JULY 2020



**60th COMMITTEE CELEBRATING SLR's 60 YEARS**

**ALL EVENTS THROUGH  
JULY 31, 2020, HAVE BEEN  
EITHER POSTPONED OR  
CANCELLED DUE TO THE  
PANDEMIC COVID-19.**

***WE WILL BE BACK SOON!***

***IN THE MEANTIME,  
READ THE NEWSLETTER  
AND STAY IN TOUCH WITH  
EACH OTHER!***

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ADVERTISING RATES AVAILABLE



# 2020

## 6 MONTH CALENDAR

ALL PENDING COVID-19 RESTRICTIONS BEING LIFTED

### JULY

- 6 1830 Ex. Com. Meeting— TeleConference
- 10-13 Del Mar Marina Raft-up — **Organizer: Shawn Goit**
- 13 Cruise to Catalina—*choose own length of stay*

### AUGUST

- 3 1830 Ex. Com Meeting —Home of James & Suzi Weaver
- 14 1800 Beach Sundowner—Marina Suites seaside lot—  
Oceanside Harbor

### SEPTEMBER

- 7 1600 Labor Day Ex.com— Home of Dan & Adele Rancourt
- 6-13 USPS Governing Board Meeting—Hilton Raleigh North Hills, NC
- 11-13 SLRSPS Cruise to Catalina—**Organizer: Shawn Goit**
- 16 All Member & Guest Event—Potluck Dinner —OYC
- 19-20 Oceanside Harbor Days
- 26—30 Lake Powell—Hosted by Phoenix Sail & Power Squadron

### OCTOBER

- 5 1830 Ex.Com. Meeting—Home of Janis Siems & Keith McDaniel
- 23-25 SLRSPS Mission Bay Raft-up— **Organizer: Shawn Goit**

### NOVEMBER

- 2 1830 Ex.Com Meeting—Home of Chris Peavey & Nancy Kangas
- 18 1830 All Member & Guest Dinner—Location OYC  
Instructor Appreciation Celebration

### DECEMBER

- 7 1830 Ex. Com Meeting—Jolly Roger Restaurant—Hosts Richele & Barbara Daciolas-Semon
- 12 Oceanside Harbor Parade of Lights
- 13 San Diego Parade of Lights—Organizer SDSPS
- 16 1830 All Member & Guest Christmas Party -  
Location OYC—Organizer: Shawn Goit

## A Note From the Commander



**S**ummer is upon us and the weather has been beautiful. As I am writing this report I'm looking forward to next weekend with the **4th of July**, this year, on a **Saturday**. That only happens every six to seven years.

Normally this would be a very busy weekend. Lots of boating, picnics, squadron/family BBQs and evening fireworks. **The summer of 2020 is different.** We continue to wear our masks in public places and continue practicing social distancing per the **State of California**. Many events have had to be cancelled and/or rescheduled.

We have not been able to have a **Membership Event** or one of those beautiful evening **Sundowners** on the bay, and have even had to reschedule our **60th Anniversary celebration**. I know that was a difficult decision for the committee.

The numbers of the pandemic positive tests are rising so I don't see an end to these safety precautions any time soon. **Please, everyone be as safe as possible.**

**SOME POSITIVE NEWS.** I just received an email from **Mary-Catherine Berube, Executive Director of United States Power Squadrons**. The National Headquarters **has now resumed normal business hours**. That might not seem like positive news to all but while driving around town and viewing all the businesses that are closed, some permanently, it's nice to know our National Headquarters is up and running.

For our club we do have some positive progress. The **ABC** class that was on hold is up and running thanks to **Jan Follett** and the education department. Also, **Shawn Goit** has **On-the-Water** classes scheduled. We are slowly getting back to normal, whatever that might be.

I can't wait until we can have some type of get together so I can see everyone again. Our meetings, whether it's a Potluck, Sundowner or BBQ are always a fun time.

There will be some sadness though when we finally can meet. We've had some members leave the area. I will greatly miss **Adriaan** and **Cheryl Veldhuisen (to Illinois)** along with **Dave** and **June Duet (to Northern California)**. Our meetings will not be the same without them! All their contributions will be missed. *Where are the brownies?*

Continued on Page 10

# S.E.O. EDUCATION UPDATE



**Another month has passed and most of our classes have been either stopped or postponed to a later date.**

Our **Weather** class was the highlight of our spring semester. All the students passed with scores over 90 %. **The American Boating Class** was 50 % done when the **Corona Virus** closed the building and the parking lot. The class started up again last week with two students and they are likely to finish before August.

**Shawn Goit** JN-ON started the “**on the water skill**” class last Friday 26th June. This class is lots of fun and the skills learned are many. I liked the fast stop maneuver and the slalom course in reverse. Shawn plans to have several of these classes in the fall. He will have four people on the boat at any time during training.

We have at this time not set up a fall program due to uncertainties about class sizes and mask use.

Hopefully we will have an **American Boating Class** in either September or October.

The **Engine Maintenance Class** for the Fall is still on the list. Lead Instructor is **Jorge Alonso**. He owns and operates a car repair facility and is a specialist that we all can learn from.

A group of our sailors are on their way to **Catalina** this weekend. Several of them started with the American Boating Class and continued with clas-

ses in **San Luis Rey Sail & Power Squadron**. As an Instructor this is what it is all about.

*My thanks to all the instructors in our Squadron.*

*You have and will continue to impact our boating community.*

*Thank You and Happy 60 Years.*

<https://AmericasBoatingClubOceanside.org/> to register on-line for classes and seminars or contact

**Lt/C Jan Follestad, SN-CN**  
at [follestad71@gmail.com](mailto:follestad71@gmail.com)

or

1/Lt **Janis Siems, AP**  
at [janis@kamtel.net](mailto:janis@kamtel.net)

## Happy - July Birthdays

JAN FOLLESTAD	06
KEN SMITH	06
PER PETERSON	11
JEFF OLSEN	18
JODI DIMOND	19
JOHN FILI	22
ADRIAAN VELDHUISEN	25
SONJA ARMSTRONG	28

# SAN LUIS REY SAIL & POWER SQUADRON

Dana Point Raft-Up July 11<sup>th</sup> - July 13<sup>th</sup>

*Leaving from Dana Point Raft-Up*

CATALINA RENDEZVOUS 13<sup>th</sup> – 19<sup>th</sup>



Catalina Trip will start out at The Isthmus, ending up in Avalon.  
We may possibly camp at Big Geiger for one night if all participants agree

If you don't have a boat you may be able to attend.  
Contact Shawn to see if anyone is offering accommodations on their boat.  
Shawn may need crew to get out there then crew can take the ferry home or arrange for lodging...

Dinner at Dana Point Yacht Club on Sunday Night July 12th

All are welcome but RSVP so it is known how many will be there

Contact Shawn for more info [District28USPS@gmail.com](mailto:District28USPS@gmail.com) or call 760 468 6212.

## SAFETY LESSONS LEARNED FROM THE U.S. COAST GUARD *for* JULY



In my **June** article I promised to continue writing my monthly **Coast Guard** articles about boating safety and navigation rules at sea, even though we have moved to a land-locked place in southern **Illinois**, and here it is.

These articles are not about my personal life, but believe me when I say that owning a **Victorian** house of 5,500 square feet, built in 1858, can be a bit overwhelming. I have been so busy that I had little time to think about boating, but writing this article brings me back to our many years of (*east and west*) coastal living. We did inherit a canoe but I have yet to learn what the possibilities and rules are.

For last month's challenge we looked at a concept that is seemingly very basic. It goes almost without saying that we must operate our vessel at a safe speed. And all of us, without looking at the Rules, can come up with some of the factors that go into this. **But this was my question:** *which factor is listed in the Rules as one which must be taken into account when determining safe speed?*

You would be tempted to answer with "**all of the above**" in saying that every element of the vessel and people is a factor. But if we stick to the Rules, looking first at the table of contents, we find under the **Steering and Sailing Rules Rule 6 (a) – Safe Speed**. It may be prudent to note here that, at a high level, these elements are **Visibility, Density, Maneuverability, Background light, Wind-sea-current, and Draft**. The mnemonic we used in my studies was "**Very Drunk Mariners Buy Whiskey Daily**".

So back to the question and the multiple choices there was only one in this list: B – **the maneuverability of the vessel**.

For **this month's challenge** I go back to a topic that I have written about before: dredging. For the **Oceanside** harbor, as well as **San Diego** harbor, this is an annual occurrence so we better know the Rules involved and recognize their actions.

These actions aren't always clear during the day, although their maneuvers give us a good idea, but at night this can be confusing.

**Let's start with stating the obvious:** *dredging or underwater operations restrict the vessel in her ability to maneuver.* By day this vessel shall exhibit three shapes in a vertical line; the highest and lowest shall be balls and the middle one a diamond. By night, more importantly, there shall be three all-around lights in a vertical line; the highest and lowest shall be red and the middle light shall be white. **So here's my question:** *at night, what lights are required to be shown by a dredge on the side of the dredge which another vessel may pass?*

- A) One red light.
- B) Two red lights.
- C) One white light.
- D) Two green lights.

As usual, this question should be answered with the **Navigation Rules & Regulations Handbook**. I want to know the Rule that applies.

And as I wrote last month, which sadly still applies, one more thing: I often tell you about the courses that are offered by our **Education Team**. Because of the "**Shelter in Place**" regulations, all classes are still postponed until it is safe to get together again, and our classroom facility at the **Oceanside Yacht Club** is again available to our instructors.

Check out our website!

<https://AmericasBoatingClubOceanside.org/>

or contact

Lt/C **Jan Follestad**, SN at  
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Be safe out there.

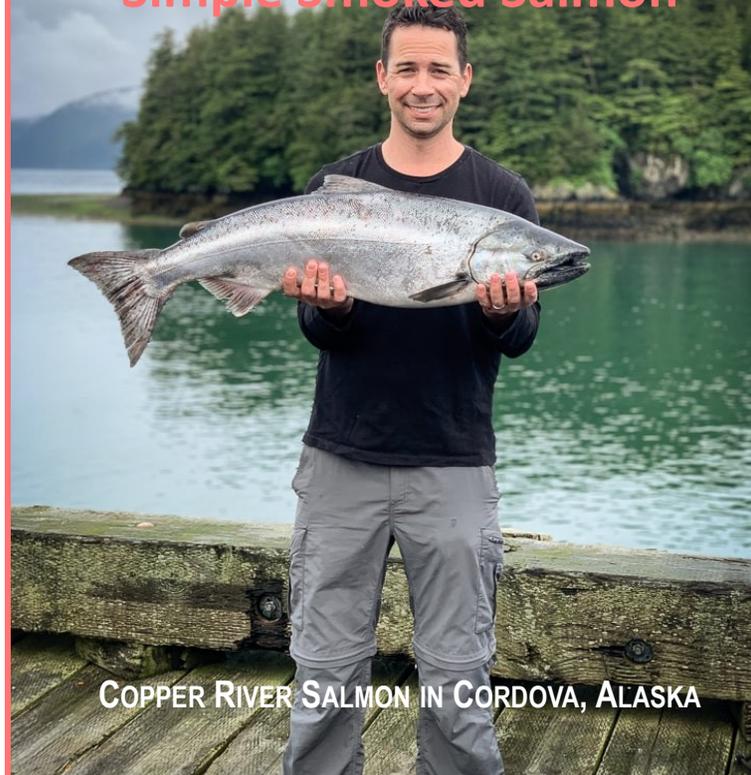
*Lt/C Adriaan Veldhuisen, SN-ON*

## Justin's Culinary Corner

4th July

with

## Simple Smoked Salmon



COPPER RIVER SALMON IN CORDOVA, ALASKA

Your step by step guide to easily make the best most delicious hot smoked salmon at home. It starts with high quality salmon that is dry brined then smoked with alder for about an hour.

Smoke and salmon go together like, well, salmon and smoke. Perfectly smoked salmon is one of those simple exquisite indulgences. If it's on a restaurant menu, it's hard not to order it. While smoking salmon is both a science and an art, it's really much easier to make at home than you might think.

It really comes down to striking the right balance between the flavor of the salmon, the salt, a little sweetness and the smoke. When those all come together, you get something truly amazing that is not only wonderful to eat by itself, but it can be used as an ingredient for so many other dishes.

If you have high-quality salmon, good quality smoke and don't overcook it; you will be enjoying some pretty amazing smoked salmon in just a few hours.

Now, before we get too far, this recipe is all about hot smoked salmon, and not for lox or cold smoked salmon that you traditionally get on a bagel or on a vacuum-sealed at the grocery store.



### THE 3 KEYS TO THE BEST SMOKED SALMON

*Don't overcomplicate it. It's just smoked salmon after all.*

1. **The brine.** A simple mix of kosher salt and brown sugar.
2. **Use the right wood chips** to pair with the salmon.
3. **Do not overcook the salmon!** This is the most important part. The key temperatures are 225 degrees F in the smoker and 140 degrees internal finished temperature. If either of the temperatures get too high, the salmon will dry out.

### What type of salmon to use?

Use wild-caught salmon when it is in season and available. If wild salmon is out of season, fresh frozen wild salmon will still work great for smoking. Just thaw it slowly in the refrigerator.

Use a whole filet (*half of the fish*) rather than individual portions. The whole filet makes it a little easier to handle and keeps the smoked salmon moist as it cooks.

### Prepping the salmon

Very little is required to prep the salmon for smoking. One important step is to remove any pin bones that might still be in the filet. Use a pair of fish bone tweezers (affiliate) starting at the tail end working your way to the head end to pull out all the bones. Use paper towels to wipe any liquids off the filets before applying the dry brine.

### Brine for the Smoked Salmon

A simple brine is essential for adding flavor. The dry brine of brown sugar and kosher salt. There's really no need to brine the skin side, as it is a waterproof layer that doesn't get penetrated by a brine. Since we aren't rinsing this brine off; it's important not to add too much salt.

The brine will not only help to preserve the salmon so it lasts longer after it is smoked, but it will help to pull some moisture out and intensify the flavors of the smoke and salmon. The sugar adds a hint of sweetness to help balance out the flavors.

*Continued on Page 9*



## CHEERS TO 60 YEARS!

The SLRSPS 60th Anniversary Committee congregated outdoors at their favorite Mexican Restaurant and raised their glasses for a toast to:

**60th Anniversary 13 June 2020**

**Farewell to Cheryl & Adriaan Veldhuisen**

**Farewell to June & Dave Duet**

*From Left: Nancy Kangas, Loie Powell, Dave & June Duet, Sandra Lippert and Chris Peavey.*

*Absent: Barbara Daciolas-Semon, Cida Diehl, Adriaan Veldhuisen and Shawn Goit.*

*Photograph by Jill Powell.*

Where were you on Saturday afternoon  
13th June?

Did you raise your glass for a toast as requested  
on Page 3 of The Mariner's Needle June 2020?



# SAFETY REPORT

*Dt/L Jake Alcantara, P*



NASBLA Podcast— **Boating Under the Influence Series, Episode 4: Buzzed Boating is Drunk Boating.** **National Association of State Boating Law Administrators** NASBLA's podcast *Between the Waves*, continues with the five-episode series addressing Boating Under the Influence.

In this fourth episode of the series, **Alex Otte** shares one of the key findings from the Boating Under the Influence Report and Dashboard. The expectation carried by much of the public is that as long as a person stays below the legal limit, 0.08%, they are not at risk of impairment. The environmental stressors of an on-water setting (*sun, heat, wind and the motion of the vessel*) can lead to impairment at a much lower blood alcohol concentration (BAC).

Because of this and other compounding factors, alcohol use may actually be more hazardous on a boat than in other settings.

Subscribe to the NASBLA podcast on iTunes or Google Play! To listen to their most recent episode!

*Don't be a statistic, Don't DRINK and BOAT, stay safe and healthy ....*

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## A Crowd-Sourced Application

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The United States Power Squadrons®, a/k/a America's Boating Club and specifically, San Luis Rey Sail & Power Squadron/America's Boating Club of Oceanside offers **FREE** Vessel Safety Checks (VSC) at your boat, at a time of mutual convenience.



USE this pandemic downtime to schedule your VSC. There is no charge, and no consequences if you don't pass. The goal is simply to help make boating as safe as possible for you, your family and your friends, through education.

Please contact Shawn Goit to schedule yours.  
(760) 468-6212.

## Simple Smoked Salmon *continued from Page 6*

This smoked salmon brine is a 2 to 1 ratio of Brown Sugar and Kosher Salt.

### How to Smoke Salmon

Smoking salmon can seem very complicated with all the theories out there, but let's simplify it into 3 main steps.

**Brine it.** The first step is to brine the salmon with a simple 2 to 1 ratio of brown sugar and kosher salt for 1 to 2 hours, then wipe off excess liquid with paper towels.

**Prep the smoker** for indirect heat smoking at 225° F with alder wood chips for smoke.

Place the salmon skin-side down on a piece of foil and transfer to the smoker.

**Smoke it** until the internal temperature reaches 140° F. rest it for 5 minutes and enjoy.



### Best wood for smoking salmon

Alder trees are native to the Pacific Northwest, and more specifically along the Copper River in Alaska where this salmon comes from. Alder gives the best mild flavor to the salmon, but apple or cherry can also work. Use smaller wood chips rather than chunks for smoking this salmon over charcoal, as it is not a long smoke.

**Best Wood Choice:** Alder chips (affiliate)

**Also try:** Apple or Cherry

**Avoid:** Mesquite, hickory and other strong-flavored woods.

Soak the chips in water for 20 to 30 minutes prior to smoking.

I don't usually soak chips when smoking meats, but I do for salmon. The reason for this is to help keep the temperature down and create a milder smoke.

### How long to smoke salmon

It can take between 30 minutes and 1 hour to smoke a 2 to 4lb salmon filet at 225° F. There are a lot of factors that determine the time it will take; including the actual temperature in the smoker, fat content and the thickness of the filet. It's always better to go off of the internal temperature to determine when it has reached 140° F.

The best tool for monitoring the temperature of the smoker and the fish is a Thermoworks Smoke 2-channel alarm (affiliate). You can just set the temperature alarm to the temp right before it's done cooking and it will start beeping to let you know to head outside to verify.

### Tips for smoking salmon

**Temperature control of the smoker is crucial.** Don't trust your smoker's built-in thermometer. Use a Thermoworks Smoke 2-channel alarm (affiliate) to monitor the temperature of the smoker and the internal temperature of the salmon.

**Use a drip pan with warm water** in it which to help regulate the heat. Ice can be added to the water if the temperature is climbing too high.

**Place the salmon on a sheet of foil** with a folded rim. This makes for easy transportation to and from the smoker, as well as makes for easy cleanup. While this does prevent smoke from getting to the skin, the skin isn't actually permeable and won't transfer smoke flavor to the flesh.

**Don't over smoke the salmon.** Adding too much wood can add too much smoke flavor to the salmon.

**FEEDBACK:** [justin@saltpepperskillet.com](mailto:justin@saltpepperskillet.com)

WEBSITE/READ MORE AND SEE PHOTOS:

[HTTPS://SALTPEPPERSKILLET.COM](https://saltpepperskillet.com)

Q: How much does it cost for a pirate to pierce his ears?

A: A Buccaneer! (*a buck an ear, boom boom..*)

Q: How many boaters does it take to change a lightbulb?

A: None, because the right size bulb isn't on board, the local marine-supply store doesn't carry that brand, and the mail-order house has them on back-order.

**Commander's Report** *Continued from Page 2.*

Lastly, looking at our membership our numbers have dropped. Understandable though with the current **Covid-19** and high unemployment numbers I had somewhat expected individuals/families to drop their membership. Also, many people are leaving California. So, if you know someone that might have some interest in boating, boating education or just being a member of a great organization, forward them our website information. If you're too shy and want someone else to contact them then send me their information and either I or someone on the board will take that on. *For now, our club will push forward. Stay tuned to The Mariner's Needle coming to you monthly with all the latest for you to absorb and "future" dates to mark your calendars.*

**"To reach a port we must sail – Sail, not tie at anchor – Sail, not drift" – Franklin D. Roosevelt**

*Cdr Kirk T. Lippert, AP*



ON-THE-WATER SKILLS TRAINER SHAWN GOIT WELCOMES  
NEW MEMBERS, DENISE AND DAN.



*Photos and graphics provided by Cheryl Veldhuisen,  
Shawn Goit and Jill Powell.*

*If you would like to see either yours or more photos, please make sure you send them to the Editor prior to the 25th of each month. [sanluisrey@earthlink.net](mailto:sanluisrey@earthlink.net)*



**CITY OF OCEANSIDE HARBOR**

*Submitted by Nancy Kangas, AP*

**OCEANSIDE HARBOR AWARDED GRANT—\$691,711**

*Tampa Bay, FL—U.S. Secretary of the Interior David L. Bernhardt* announced \$32.8 million in grants—with an additional non-federal match of \$21.9 million—for states and communities to support outdoor recreation and help boaters keep America's waters clean.

The funding comes from the **Clean Vessels Act (CVA)** program and the **Boating Infrastructure Grant (BIG)** program, which provide much-needed funding to communities to build and maintain facilities that help boaters keep our rivers and streams clean; and construct, renovate and maintain marinas and other boating facilities for outdoor recreation.

The **California State Parks Division of Boating & Waterways** will partner with the **Oceanside Harbor District** to add seven 38' slips and increasing the end tie from 42' to 80' to benefit transient recreational vessels 26' or greater in length.

**California received a combined total of \$4,748,297 in grant money. Locally, one of the recipients of a BIG Tier 2 grant is Oceanside Harbor which received just over \$691,711.**



**DENISE TOMCZAK AND DAN STOWERS**

**AMERICA'S BOATING CLUB**  
OCEANSIDE 

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of



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*Everyone must book through Dawn Eckhart in order to be included in our group & receive the exclusive group benefits. USPS will receive remuneration from proceeds of this group event.*

Email [dawnstraveldeals@gmail.com](mailto:dawnstraveldeals@gmail.com) or call

**(727) 403-0406 to join our USPS/ABC group on this exciting cruise!**

# UNITED STATES POWER SQUADRONS®

*Come for the Boating Education...Stay for the Friends<sup>SM</sup>*

## SAN LUIS REY SAIL & POWER SQUADRON : 2020—2021 BRIDGE



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### FLAG LIEUTENANT

Position Open

### MERIT MARKS

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### COMMANDER'S AIDE

### IMMED. PAST COMMANDER

P/C Suzy Cooper, AP

### MEMBER AT LARGE

1st/Lt Barbara Daciolas-Semon, S

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Position Open

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Position Open

### CO-OPERATIVE CHARTING

Position Open

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**NEED TO CONTACT SAN LUIS REY SAIL & POWER SQUADRON ?**

Call or write: SLRSPS, 6554 Via Barona, Carlsbad, CA. 92009. USA.