



THE MARINER'S NEEDLE



February 2021

Volume 60 Number 8

Celebrating 60 years!

USPS District

SAN LUIS REY SAIL AND POWER SQUADRON

A Unit of the United States Power Squadrons®

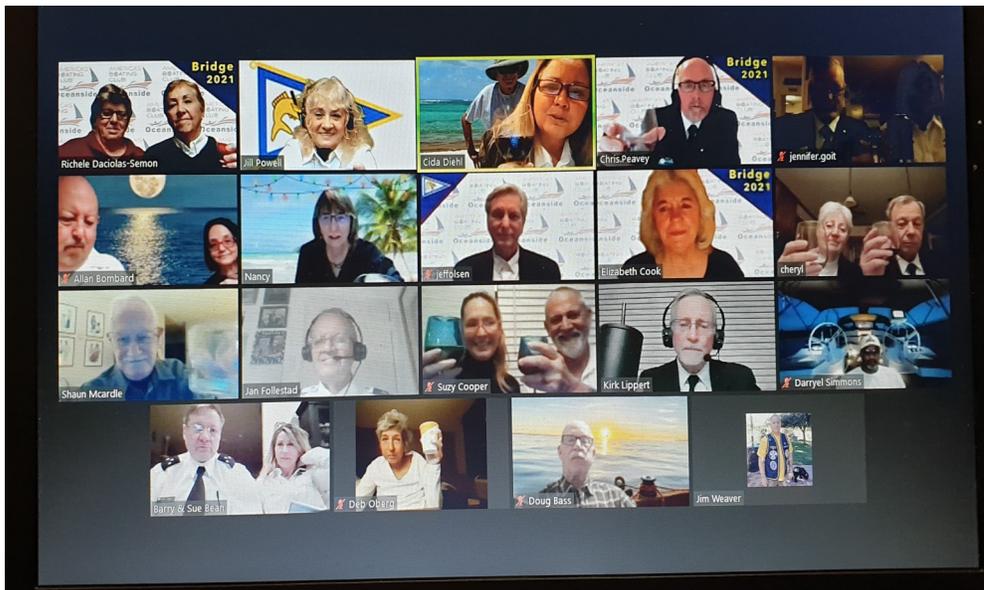


OFFICIAL PUBLICATION

FEBRUARY 2021



**A CHANGE OF WATCH VIA ZOOM, ONLY IN 2021,
SURELY!**



INSIDE THIS ISSUE

COMMANDER'S CORNER	2
4 MONTH CALENDAR	2
HAPPY FEBRUARY BIRTHDAY FOLKS	2
SEO EDUCATION REPORT	3
LESSONS LEARNED FROM USCG	4
USPS/ABC NATIONAL MEETING INFO	5
SAFETY REPORT	6
JUSTIN'S CULINARY CORNER	7
D28 CALL TO MEETING 06 MARCH	8
2020 SLRSPS BRIDGE	9

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ADVERTISING RATES AVAILABLE



2021

4 MONTH CALENDAR

COVID-19 SOCIAL DISTANCING RESPECTED

FEBRUARY

- 1 1830 Exec. Com. Meeting—Operated via ZOOM
- 15-26 [USPS Annual Meeting \(107 Years\)](#) - operated via FreeConference Call—open to every member—no charge.

MARCH

- 1 1830 Exec. Com. Meeting—Operated via ZOOM
- 6 D28 Conference—Hosted by Balboa Sail & Power Squadron
- 17 1830 All Member & Guest Event—Location: OYC St. Patrick's Day (Pending COVID-19 restrictions at that time)

APRIL

- 5 1830 Exec. Com. Meeting—Hosts TBA
- 21 1830 All Member & Guest Event—Location: TBA

Happy February Birthdays



ELAINE KELLER (94) 11

RICHARD KELLER (104) 18

KIRK LIPPERT 14

**WANTED: MORE MEMBERS BORN IN
FEBRUARY OF ANY YEAR.**

A Note From the Commander



So far 2021 is beginning to move in a positive direction.

California's *stay at home order* has been rescinded. Restaurants will be able to provide outdoor dining services. Gyms, salons and hair-cutting establishments will be opening, and I desperately need a haircut. I'm hoping this will help save some of the small businesses that have struggled to stay open or stay open. The **Covid-19** vaccine has been developed, tested and now is being distributed. Truly amazing how quickly all of this was accomplished and it is great news.

Our club activities have pretty much been on hold for most of 2020 due to the lockdown. I'm looking forward to getting to the point where the classroom can be opened to students and instructors and to get a class schedule posted. Right now, tentative is all we can do.

I'll also will be happy to see the **Oceanside Yacht Club** open in the very near future. We partner/share the classroom with them and have scheduled our potlucks in their dining area upstairs. Shutting the OYC restaurant and bar has no doubt hurt them financially. Even though I'm not a member I've had many good meals there and we've been able to hold many of our events there.

Our **January "Change of Watch"** will have been conducted by the time you read this newsletter. See **Zoom** photo on the cover page. We have a new bridge that will look very similar to the previous year.

I'm confident we'll be able to start meeting in person again for both our educational classes and fun events like potlucks, sundowners and our 60th Anniversary (*in the 61st year*).

I hope all that want the vaccine have the opportunity to get the shot.

Stay safe and see you soon.

Cdr Kirk T. Lippert, JN

S.E.O. EDUCATION UPDATE



We are already in the second month of the year!

We have lived through several Zoom meetings and it is a new way of communication.

Our first Zoom class will be rescheduled. We will have **Lt. Nancy Kangas** and **DEO Shawn Goit** as assistant speakers and to run the Zoom. I will be teaching the class.

The plan is to do 2 sessions each week and finish with a closed book test. At this time we have not planned any Seminars, But **Assistant DEO Cida Diehl** and **Shawn Goit** will head these up. Shawn will also be teaching **On-the-Water Training** with his powerboat. *This will be lots of fun.*

After students have passed the **ABC Class** we will offer a class for plotting and the use of charts. This can be done separately or as a part of **Marine Navigation (Piloting Class)** or in **Boat Handling (Seamanship)**.

2021 CLASS SCHEDULE

AMERICAS BOATING COURSE JAN FOLLESTAD

ABC 3 Tuesday 9-10 weeks TBD

ABC 3 Tuesday 12-14 weeks Start September 07 - Class Room OYC

ADVANCED COURSES

MARINE NAVIGATION Wednesdays 11 Weeks

BOAT HANDLING Wednesdays & Saturdays 6 weeks

ELECTIVE COURSES

CIDA DIEHL & JAN FOLLESTAD.

ENGINE MAINTENANCE

JORGE ALONSO

Thursdays TBA August

10 Weeks

WEATHER

Thursday TBA January 2022

MARINE ELECTRONICS

BOC & SEMINARS

SHAWN GOIT

TIDES & CURRENTS TBA Saturday

MARINER'S COMPASS TBA Saturday

BASIC WEATHER TBA Saturday

ON – THE – WATER TRAINING CHAIR SHAWN GOIT

HANDS -ON TRAINING 1 TBA Friday/Saturday. 8 hours

Lt/C Jan Follestad, SN-CN at follestad71@gmail.com

<https://AmericasBoatingClubOceanside.org/> to register on-line for classes and seminars or contact

1st/Lt Shawn Goit, JN-ON (760) 468-621 [District 28USPS@gmail.com](mailto:District28USPS@gmail.com)

SAFETY LESSONS LEARNED FROM THE U.S. COAST GUARD for FEBRUARY 2021



My interest, and reputation, is boating safety from the perspective of the **United States Coast Guard** rules. For the **United States Power Squadrons®** I co-authored the "**Rules Seminar**" – part of our **Boat Handling** curriculum - that systematically goes through the most applicable rules from a beginners perspective. I am known, by many experts, to disagree with common perceptions, not because I am more expert but rather because I am more disagreeable. *Oh well.*

One request for explanation recently came my way about the meaning of "One Blast" as it relates to overtaking (*passing port to starboard*) and head-on (*passing port to port*). The shortcut to remember for both situations was given as "One Blast" (*on my port*) is one syllable and "Two Blasts" (*on my starboard*) is two syllables. I somewhat agreed but with the note that overtaking is Rule 13 and head-on situation is Rule 14; neither rule tells us how many blasts as that is discussed in Rule 34 (a).

The important difference worth pointing out is that for:

- **INLAND** the blasts mean that you are altering course, and a response is required.
- **INTERNATIONAL** the blasts mean that you intend to leave the other vessel on one side, which may-or-may-not require change in your course, and a response is only mandated in case of disagreement – "Five Blasts".

Last month's article dealt with lights on a power driven vessel underway. I suggested you look this up and see what the **USCG Navigation Rules** exactly say: *there is only one Rule that exclusively deals with Power-driven Vessels Underway.*

So my question was: *what is the maximum length of a power driven vessel which may show an all-round white light and*

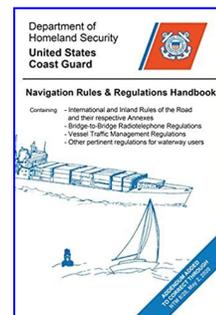
sidelights, instead of a masthead light, sidelights and a stern light.

So if you followed my suggestion you found Rule 23 being that exclusive rule and sub (d) gives the maximum length as less than 12 meters, answer B. I need to add a note here. As I always encourage my readers to compare INLAND which also gives instruction for less than 7 meters/7 knots and masthead lights, and INTERNATIONAL with no specific further instructions.

For **this month's challenge** we will look at sound signals in restricted visibility, a recurring topic in our waters and for good reason. **While underway in fog, you hear a vessel sound one prolonged blast followed by two short blasts on the whistle. What could this signal indicate?**

- A vessel with divers down.
- A vessel engaged in pilotage duty.
- A sailboat at anchor.
- A vessel aground.

It will be easier to find the appropriate Rule, than the exact wording, so it may be a good idea to apply the process of elimination. I hope you find the answer in the **Navigation Rules & Regulations Handbook**.



For **last month's bonus question** - *name 4 vessels that turn off side, stern, and if required masthead lights when underway, not making way – that would be Fishing, Trawling, Not Under Command (NUC) and Restricted in her Ability to Maneuver (RAM).*

For **this month's BONUS QUESTION**, name 4 vessels that do not show anchor lights.

Be safe out there.

*Captain Adriaan Veldhuisen,
awveldhuisen@gmail.com*



*Photos in this issue courtesy of:
Jill Powell .*

If you would like to see either yours or more photos, please make sure you send them to the Editor prior to the 25th of each month.

JOIN US FROM YOUR HOME

At the

AMERICA'S BOATING CLUB
For Boaters, By Boaters™



Virtual Annual Meeting

February 15-26, 2021

FOR THE LATEST NEWS AND HAPPENINGS

Free, Everyone Is Invited, Pre-registration Is Not Required for Majority of the Meetings
Attend One or Attend All! All sessions recorded and available after the meeting.

Highlights:

- Keynote Speaker – Capt. Nori Ann Reed, USN, Retired** shares her experiences as a Navy Captain
 - Recruiting and Retaining Members Through Effective Marketing of Educational Programs
 - Understanding the National Website Information Center
 - Treasures Found in Commanders Kit for All Members
 - Create Partnerships & Maintain Contracts with Local Business and Government Agencies
 - “Why Won’t They Do What I Want”
 - Instructor Recertification (Pre-registration required)
 - Environmental Stewardship in the Boating Environment

What is your favorite area of interest in America’s Boating Club? We have a session on that!

Specific Meeting Details are available on the [National Meeting Website](#)



Packing Cubes



Sunglass Case

SHIP'S STORE

<https://store.shopusps.org/>

20% DISCOUNT

on All Items from

FEBRUARY 15 – MARCH 1, 2021

Have product questions?
SS Staff will be available during certain hours.
(Check Agenda for details, dates, and times.)



Stemless Wine Glass



Stainless Tumbler

Interested in Attending But Need Help Connecting?

Check out the Attendee Instructions page
on the [National Meeting Page](#) for detailed, step-by-step instructions.

Know someone who would like to attend? Invite them over and watch together while social distancing!



PREPARING AND SECURING YOUR BOAT FOR WIND

Because of stronger winds and seas during a storm, a line holding your vessel to the dock undergoes tremendous amounts of tension. Due to the recent wind storms we have undergone, you should check your dock lines for chafing and tighten them up or retie as necessary.

Start with a regular inspection of all your mooring gear and lines, especially at their chafing points such as hawsers, chocks and turning points at cleats, located both on the boat and dock, replace them if they show any wear or fraying.

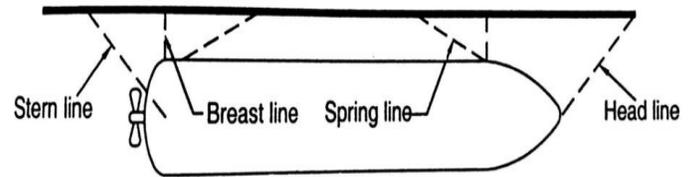
Hard points where lines fasten, such as cleats, Sampson posts or bollards, must be examined for weakness; particularly where they are through-bolted. Examine backing plates and fasteners; any signs of movement or corrosion are causes for refastening or replacement. If applicable, ask your diver to inspect your mooring ball.

For mooring lines, **Ed Vick**, a long-time rigger with **Downwind Marine/Sailing Supply**, recommends using three-quarters or one-inch line of the best quality nylon double braid. This line is stronger than traditional three-strand line and has more give than natural products. For a mooring ball he recommends doubling or tripling lines if a bad blow is forecast.

Many boats that stayed fast to their moorings or anchors lost their dinghies in the storm, don't forget to check your dinghy lines.

For boats beached and locked to a beach bar, consider adding a second cable or chain. On **Mission Bay's Sail Bay**, after the storm about five catamarans secured with single lightweight cables to the Moorland boat bar lay overturned and jumbled together.

Taking time now to inspect your boat thoroughly may prevent later problems.

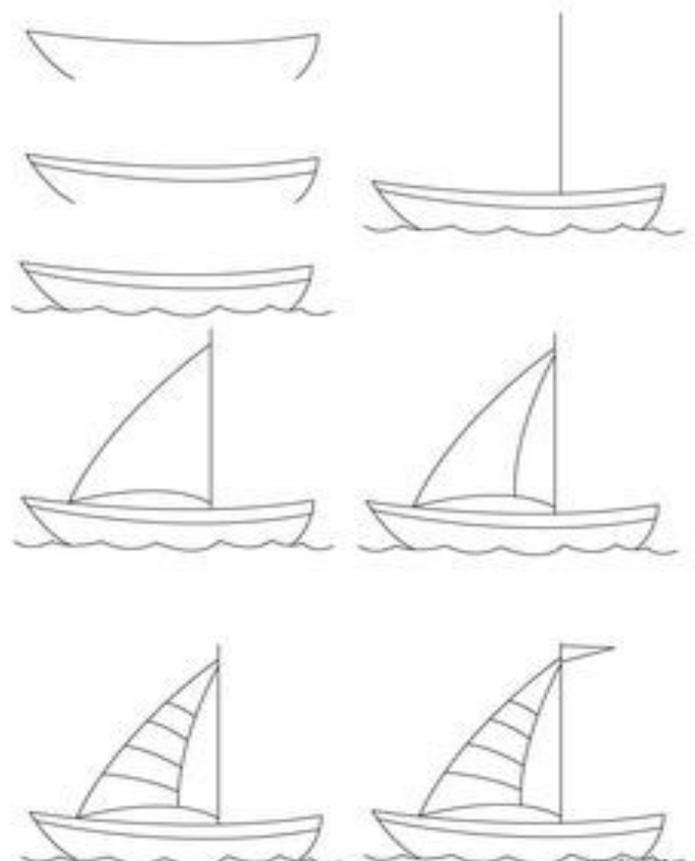


<https://AmericasBoatingClubOceanside.org/>

D/Lt Jake Alcanta, P

How to Draw a Boat

... practice





Justin's Culinary Corner

ONE-SKILLET SAUSAGE AND PEPPERS

The holy trinity of Italian sausage, peppers and onions combine for one of the easiest and best meals you can make in a single skillet that comes together in less than 20 minutes.

Whether it's for game day or a weeknight meal, this is the simplest and most perfect way to make sausage and peppers with flavorful onions with a built-in sauce to complement. It will be your new go-to method for making the Italian-American classic.

There are a lot of ways to cook sausage. Some better than others. But when you have the best way (*hint: it's this way*), there is really no reason to look elsewhere. A tried-and-true method that works every time.

The sausage is first browned in a hot skillet right alongside the peppers and onions, then a little liquid is added and the pan is covered while the sausage steams to perfection.

The sausage packs so much flavor by itself that there really isn't a need to add a bunch of spices separately. If using sweet sausage, adding some crushed pepper flakes is a great addition to balance everything out.

INGREDIENTS

- 4 (about 1 lb) Italian sausage (sweet, hot or a combo)
- 1 bell pepper (sliced)
- 1 onion (sliced)
- 2 tsp. canola oil
- 1/2 cup water or stock
- Red pepper flakes (optional)

INSTRUCTIONS

1. Heat a heavy 12" cast iron skillet with a drizzle of canola oil over medium-high heat until it just starts to smoke.
2. With a fork, poke a few holes on each side of the sausages to keep them from bursting while they cook.
3. Place the sausage in the hot skillet, then place the sliced peppers and onions around them.
4. Stir the peppers and onions to spread them around and coat with oil.

5. Cook the sausage for about 4 minutes per side, or until they are nicely browned.
6. Carefully pour 1/2 cup water or stock in the skillet, then immediately place a lid over the skillet and reduce the heat to medium-low.
7. Continue to cook covered for about 10 more minutes, or until the internal temperature of the sausage reaches 160° F / 71° C.
8. Remove the lid and the sausage from the skillet.
9. Increase the heat and season the peppers and onions with kosher salt and continue to cook for a few more minutes to reduce the liquid.

Serve the sausages topped with peppers and onions over pasta, rice, in an Italian bun or as is.

NOTES:

The recipe can be scaled up or down. If scaling up, it's best to use an even larger skillet or two skillets to not overcrowd the pan.

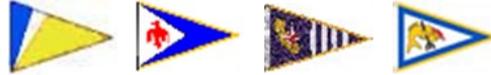
FEEDBACK: justin@saltpepperskillet.com

WEBSITE/READ MORE AND SEE PHOTOS:
[HTTPS://SALTPEPPERSKILLET.COM](https://saltpepperskillet.com)





United States Power Squadrons®



DISTRICT 28

2021 DISTRICT 28 SPRING CONFERENCE

CALL TO MEETING

To: District 28 Bridge Officers
 Past District Commanders
 Chairs, General Committees
 Chair, Planning Committee
 Squadron Commanders
 All Other Interested Parties

By order of the District Commander, notice is hereby given that the Fall Conference will be held at the following day and place:

SATURDAY, 6 MARCH 2021

Place: VIA Zoom Conference Call (*Zoom Address to follow along with links for D28 ByLaws*)

Purpose: To hear and consider all matters pertaining to District 28, USPS

To receive and act upon all reports of District officers and District Commanders

To conduct all other business of the District which may properly come before the Conference.

D/Lt/C Sue A Bean, AP

Secretary District 28

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1st/Lt Jill Powell, AP

FLAG LIEUTENANT

Position Open

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Lt Sandra Lippert

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IMMED. PAST COMMANDER

P/C Suzy Cooper, AP

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CO-OPERATIVE CHARTING

Position Open

LEADERSHIP DEVELOPMENT

Position Open

VESSEL SAFETY CHECK

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