



SAN LUIS REY SAIL AND POWER SQUADRON

A Unit of the United States Power Squadrons®



OFFICIAL PUBLICATION



BOAT HANDS-ON-TRAINING: 26 & 27 March, 9,10 & 30 April and 01 May, 2021.

See Page 4 for contact information.

BEACH SUNDOWNER: 16 April Marina Inn Lot suites—on the bluff!

MARCH 2021



INSIDE THIS ISSUE

COMMANDER'S CORNER	2
3 MONTH CALENDAR	2
HAPPY MARCH BIRTHDAY FOLKS	2
D28 CHANGE OF WATCH CRUISE 2022	3
SEO EDUCATION REPORT	4
LESSONS LEARNED FROM USCG	5
SAFETY REPORT	6
JUSTIN'S CULINARY CORNER	7
D28 CALL TO MEETING 06 MARCH	8
2020 SLRSPS BRIDGE	9

New Life Member



San Luis Rey
Power Squadron,
District 28



Adriaan Veldhuisen, SN





2021

3 MONTH CALENDAR

COVID-19 SOCIAL DISTANCING RESPECTED

MARCH

- 1 1830 Exec. Com. Meeting—ZOOM Link
- 6 D28 Conference—Hosted by Balboa Sail & Power Squadron via ZOOM. Email for link: sanluisrey@earthlink.net

APRIL

- 5 1830 Exec. Com. Meeting—ZOOM Link
- 16 1800 Beach Sundowner—Marina Suites seaside lot—Oceanside Harbor. *Sunset will be at 7:12p.m.*

MAY

- 3 1830 Ex. Com. Meeting — TBA
- 8 Safe Boating Campaign—Lifejackets. Ready, Set Wear It!
- 19 1830 All Member & Guest Event — Pending Covid restrictions
- 22-28 USPS National Safe Boating Week
- TBA Santa Catalina Island Rendezvous

A Note From the Commander



We may have restrictions, lockdowns and mandatory mask wearing but no matter the barriers, our club will keep moving forward.

The **Change of Watch** is complete. Special recognition to **Jill Powell** for putting together the program and to **Nancy Kangas** for the video presentation.

We have some new additions and changes to the 2021 Bridge. **Lt/C Elizabeth Cook** has taken the **Secretary** role. **1/Lt Jeff Olson** is now the **Member at Large**. **Lt/C Shawn Goit** moved to **Assistant Education Officer**. The new **Administrative Officer** is **Lt/C Richele Daciolas-Semon** and **Assistant Administrative Officer** is **1/Lt Barbara Daciolas-Semon**.

I greatly appreciate these new additions along with the rest of the **2021 Bridge**. It's a great group and I feel blessed to be working with them. Besides the Bridge there are many others helping support our club and I appreciate them all. **Volunteers are the lifeblood of any organization**. Take a look at the 2020 Membership Directory, pages 31-32 and you'll see the different roles that volunteers fill and what it takes to run our club. If you're interested in helping in some way in the future or have questions, please call or email me.

Many thanks to **Richele** and **Barbara Daciolas-Semon** for putting together our 2021-2022 calendar. Make sure you check it out on the website so you can mark your calendars and not miss out on anything. **Save the date of 16 April when we will have our first All Member & Guest Event (GMM) outdoors pre-sunset.**

"It does not matter how slowly you go as long as you do not stop." Confucius.

Everyone please stay safe and we'll slowly get back to normal. Best wishes to all.

Cdr Kirk T. Lippert, JN

Happy MARCH Birthdays



DANNY SULLENGER	07
BRIAN INUNDI	12
JIM WEAVER	23
JORGE ALONSO	23
SUZY COOPER	29



Get back to your happy place with **SIX BONUS OFFERS** on select 2021 and 2022 cruises*!

Book and receive:

- **BIG STATEROOM UPGRADES** TO VERANDAH OR OCEAN-VIEW
- **SIGNATURE BEVERAGE PACKAGE**
- **FREE ONE-NIGHT SPECIALTY DINING**
- **10% OFF ALL SHORE EXCURSIONS**
- **50% REDUCED DEPOSIT**
- **FREE AND REDUCED FARES FOR KIDS** (Taxes, Fees & Port Expenses are additional)

Explore the world with Holland America Line

Cruise in classic style to more than 400 destinations in the comfort of a well-appointed, mid-sized ship. Encounter fascinating lands and cultures. And make lasting memories on a Holland America Line cruise.

Book now for the best savings.



Date	Port	Arrive	Depart
Mar 13	San Diego		4:00pm
Mar 14	At Sea		
Mar 15	At Sea		
Mar 16	Puerto Vallarta	8:00am	9:00pm
Mar 17	Mazatlán	8:00am	5:00pm
Mar 18	Cabo San Lucas	7:00am	3:00pm
Mar 19	At Sea		
Mar 20	San Diego	7:00am	

7-DAY MEXICAN RIVIERA

Mar 13, 2022

Koningsdam

FARES FROM*

Interior Stateroom **us\$799**

Ocean-View Stateroom **us\$999**

Verandah Stateroom **us\$999**

Suites **us\$1,599**

BOOK WITH US NOW!

Make full payment prior to 05 April 2021 and save 10% off cruise fare plus receive \$250 per cabin Onboard Spending money and Drink Package.

Make a deposit of \$750 and receive \$250 per cabin Onboard Spending money.

USPS/ABC
 Contact: Jill Powell
 Talk/Text: (760) 716-1675
 sanluisrey@earthlink.net



*View & Verandah Terms & Conditions Fares and offers are based on Promo(s) NV/UV/VV. Featured fares are per person based on double occupancy, cruise or Land+Sea Journeys only. Represented best fares reflect prices available on 03/03/21. Taxes, Fees & Port Expenses are additional. Offer is subject to availability. Offers are available for new bookings only, apply only to the cruise portion of Alaska Land+Sea Journeys, are not combinable with any other discounts and are not transferable or refundable. Offers are applicable on select 2021 & 2022 departures. US\$2,900 value is based on category A, 14-day Rotterdam August 29, 2021 sailing, occupancy of 4 in a stateroom. Stateroom upgrades are available in select stateroom categories and are subject to availability of the staterooms in the higher category. Signature Beverage Package has a daily limit of 15 beverages, which includes all beverages priced at US\$11.00 or lower. Guests must order beverages one at a time and must be 21 years or older for alcoholic beverages. Sharing is not permitted. Beverage management reserves the right to revoke the package if misused and refuse service for any reason, including service of alcoholic beverages to intoxicated guests. Package excludes purchases made in Signature Shops, Mini Bar and In Room Dining, or beverages on Half Moon Cay. One-Night Specialty Dining: Guests receive a one-night complimentary dining offer at either Pinnacle Grill or at Tamarind. Reservations and dining times will be assigned onboard, and a confirmation card will be placed in your stateroom upon embarkation day. Dining venue is based on ship type. Offer excludes Specialty Dining Events in the Pinnacle Grill such as Sel De Mer, De Librije, Master Chef's Table and Sommelier Dinner. Shore excursion offer applies all available shore excursions on select sailings, purchased in advance of embarkation, prior to April 14, 2021. If a shore excursion is canceled once on board, refund will be the amount paid. Reduced Deposit is valid for new bookings only. Bookings made on voyages requiring immediate final payment are not eligible for a reduced deposit. Offers end April 5, 2021. Ships' Registry: The Netherlands. We are staying atop health and safety protocols in our continuing effort to minimize the risk of exposure to COVID-19, which may impact our voyages and offerings, including amenities and itineraries. All U.S. voyages are subject to CDC Cruise Travel Advice which is available at hollandamerica.com/advisory.

S.E.O. EDUCATION UPDATE



We are still working our way past this COVID-19. This virus has forced us to cancel all of our in-person classroom classes for the past year. We do not have a current calendar that we can give you and others interested in education.

We had two classes at the beginning of last year, **Weather** and the **ABC** class. We tried to see if we had any interest for a virtual ABC class in January 2021, but only had 2 students interested. Hence, the class did not operate.

We can share that an **Engine Maintenance** class is scheduled for this coming Fall - September 2021.

The **Hands-On Boating-on-the-Water** classes are being scheduled (*contact us*) as:

- 26 March
- 27 March
- 09 April
- 10 April
- 30 April
- 01 May

I am available to conduct some **Vessel Safety Checks** subject to my availability. Please email me your request. I should have the new stickers shortly.

Lt/C Jan Follestad, SN-CN

Email: follestad71@gmail.com

<https://AmericasBoatingClubOceanside.org/>

Or contact:

1st/Lt Shawn Goit, JN-ON (760) 468-6212 [District 28USPS@gmail.com](mailto:District28USPS@gmail.com)

SAFETY LESSONS LEARNED FROM THE U.S. COAST GUARD *for MARCH 2021*



While I'm no longer living in California, my heart is still connected to our boating world. Winter is nearing its end – *we hope* - and vaccinations are now underway, so I predict that this boating season is going to be as active as ever, maybe more.

One issue I'd like comment on is that "*the Coast Guard weighs safety reforms after fatal boat fire*" which killed 34 people, according to a news article on February 11 in the **Los Angeles Times**. To boil it down, the **NTSB** recommendations are designed to make small passenger vessels safer. Major changes include mandatory checks to make sure roving watches are occurring, better smoke detector systems, mandatory safety management systems and improved emergency exits. The NTSB praised the Coast Guard's "*quick concurrence and their good intentions.*" But, they added, "*we have seen this often where a federal agency will indicate they intend to do something and it drags and drags and drags.*" The proof is in the pudding.

Last month's article dealt with sound signals in restricted visibility, a recurring topic in our waters and for good reason. So I asked: *While underway in fog, you hear a vessel sound one prolonged blast followed by two short blasts on the whistle. What could this signal indicate?*

One of my readers wrote that Rule 35 (c) would fit the bill and it would seem the answer could be all selections as they all could be considered restricted in her ability to maneuver. He was right in that the basis for my question is Rule 35. Though by process of elimination: pilotage duty 35 (k) is four short blasts, at anchor 35 (g) is one short, one prolonged, one short, and a vessel aground 35 (h) is three bell strokes before and after the rapid ringing of the bell for 5 seconds. Rule 35 (c) gives us one prolonged followed by two short blasts for "*encumbered vessels*" and a vessel with divers down is definitely restricted in her ability to maneuver. **The answer is A.** *It's best to read the entire USCG Rule 35.*

For this month's challenge, and in connection to the **2019 Labor Day** fire aboard the *Conception* dive boat off the **Channel Islands**, and the above NTSB recommendation that followed the tragedy, a simple question. This is based on the so-called "**General Prudential Rule**" which is virtually unchanged since 1864. In the event of a boating accident those at fault are:

- A) *all participants involved.*
- B) *the captain, but not the crew.*
- C) *the captain, but not the owner.*
- D) *the lookout, but not the other crew.*

I hope you find the answer in the **Navigation Rules & Regulations Handbook**.

For **last month's bonus question** - *name four vessels that do not show anchor lights*, the answer should be **Fishing, Trawling, Dredging and Diving**.

For **this month's bonus question**, *name two vessels that should the same signal in restricted visibility when underway or at anchor, and what is that signal?*

Be safe out there.

*Captain Adriaan Veldhuisen,
awveldhuisen@gmail.com*



ESSENTIAL ITEMS TO HAVE ONBOARD

Whether you are an experienced or inexperienced boater, being out on the water should never be taken for granted. Any tranquil moment can easily unravel into chaos if something breaks, unhinges, catches fire, etc. Hence, in this month's report, we will be revisiting a basic list of some of the most essential items to have aboard your vessel to ensure a safe voyage for you and your passengers.

Life jackets – It is illegal to be without them when you are not anchored or tied to a dock. By law, whether it be a yacht or a kayak, your craft must possess one floatation device per person when traversing across open water.

Fire extinguisher – The ultimate hero in the most perilous of circumstances. However, a fire extinguisher is only effective if you know how to use one.

VHF Radio – A VHF (*Very High Frequency*) unit is essential to boating, especially when navigating far from port. An active VHF is a continuous line of communication between you and a potential rescuer.

EPIRB – An EPIRB (*Emergency Position Indicating Radio Beacon*), like the VHF, becomes more essential the farther you travel out from the shore. In the event that you are stranded without active communication, an activated EPIRB will transmit a coded message on the 406 MHz distress frequency which is monitored by the COSPAS-SARSAT satellite system.

Flares – Visible during both night and day, these bright emergency devices are used to capture the attention of other boaters in a situation where you are immobile and in need of assistance. They are used both as a round in a flare gun or handheld with a twist-off cap.

In addition to having these items aboard your vessel and these essential pieces of safety equipment should be inspected regularly. Ensure that the items listed above are not torn, broken, or expired, and you can guarantee a safe and fun boating experience!

<https://AmericasBoatingClubOceanside.org/>

D/Lt Jake Alcanta, P





Justin's Culinary Corner

SMOKED SALMON PASTA

Quick, easy and soooo delicious. If you love smoked salmon and love pasta, you will love this dish.

When you have some amazing smoked salmon, you want to use it in the most amazing ways. Making some creamy pasta with it is one of the *yummier* ways to indulge. So much flavor comes from the smoked salmon as the smokiness gets infused into the creamy sauce. It's also simple and comes together in minutes.



INGREDIENTS

- 12 oz. pasta (such as fettuccini or penne)
- 2 Tbsp. unsalted butter
- 1/4 cup chopped onion (about 1/2 medium onion)
- 1/2 cup dry white wine
- 1 cup heavy cream
- 11 oz. smoked salmon (fork torn)
- Diamond Kosher salt & freshly ground pepper
- 2 Tbsp. lemon juice (from about 1/2 a lemon)
- Zest from 1 lemon
- 1/4 cup coarsely grated Parmesan Reggiano cheese (plus more for plating)
- 1/4 cup chopped fresh herbs or torn basil (or to taste)
toasted pine nuts for garnish

INSTRUCTIONS

- Bring 4 quarts of salted water to a boil and cook the pasta al dente, as it will finish cooking in and absorb the sauce. Reserve 1/2 cup of the pasta water.

- Heat the butter in a large skillet over medium heat. Sauté the onion with a sprinkle of salt until it is tender and translucent but not browned, about 4 to 5 minutes.
- Pour in the wine and reduce it down until it is almost gone.
- Add the cream and cook until it just starts to bubble.
- Gently stir in the smoked salmon and warm through. Taste then season with salt and pepper. Also stir in any add-ins — like capers, olives or asparagus — at this point.
- Add the cooked pasta and continue cooking until the sauce begins to thicken, about 2 to 3 minutes. If the sauce is too thick, add a little of the pasta water to thin it out.
- Remove the skillet from the heat and stir in the lemon juice and zest, Parmesan cheese and taste again and season with salt and pepper and more lemon juice if needed.

Garnish with fresh herbs, toasted pine nuts and more Parmesan, and serve.

NOTES

- * Cold smoked (cured) salmon is usually saltier than hot smoked salmon. Taste before adding too much seasoning.
- * Reserve pasta water to add into the pasta if the sauce needs to be thinned out.
- * If the salmon has the skin on, save it. Crisp it up in a skillet, chop it and use it on top as a tasty salmon skin “bacon” garnish.
- * Add-ins like capers, olives or asparagus add complementary flavors and textures.

FEEDBACK: justin@saltpepperskillet.com

WEBSITE/READ MORE AND SEE PHOTOS:
[HTTPS://SALTPEPPERSKILLET.COM](https://saltpepperskillet.com)

HAVE YOU MADE ONE OF JUSTIN'S RECIPES?

YES! WE DID.....

ONE SKILLET SAUSAGE & PEPPERS
FEBRUARY 2021 ISSUE



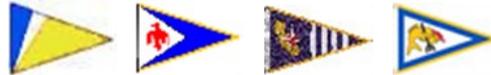
ADRIAAN VELDHUISEN



JILL POWELL



United States Power Squadrons®



DISTRICT 28

2021 DISTRICT 28 SPRING CONFERENCE

CALL TO MEETING

To: District 28 Bridge Officers
 Past District Commanders
 Chairs, General Committees
 Chair, Planning Committee
 Squadron Commanders
 All Other Interested Parties

By order of the District Commander, notice is hereby given that the Fall Conference will be held at the following day and place:

SATURDAY, 6 MARCH 2021

5:30P.M.

Place: VIA Zoom Conference Call

Purpose: To hear and consider all matters pertaining to District 28, USPS

To receive and act upon all reports of District Officers and District Commanders

To conduct all other business of the District which may properly come before the Conference.

D/Lt/C Sue A Bean, AP

Secretary District 28

UNITED STATES POWER SQUADRONS®

Come for the Boating Education...Stay for the FriendsSM

SAN LUIS REY SAIL & POWER SQUADRON : 2021—2022 BRIDGE



COMMANDER

Cdr Kirk Lippert, JN

(760) 749-3774

KL3139@att.com



EXECUTIVE OFFICER

Lt/C James Weaver

(760) 638-1036

JWeaver2845@gmail.com

ADMINISTRATIVE OFFICER

Lt/C Richele Daciolas-Semon, AP

(760) 439-8080

RicheleDS@gmail.com

ASST. ADMINISTRATIVE OFFICER

1st/Lt Barbara Daciolas-Semon, S

(760) 439-8928

DaciolasSemon@gmail.com

SECRETARY

Lt/C Elizabeth Cook

(760) 751-1871

4echo@cox.net

EDUCATION OFFICER

Lt/C Jan Follestad, SN-CN

(760) 712-7161

Follestad71@gmail.com

ASST. EDUCATION OFFICER

1st/Lt Shawn Goit, JN-ON

(760) 468-6212

District28USPS@gmail.com

TREASURER

Lt/C Chris Peavey, N-IN

(858) 220-9170

CPVSLR@gmail.com

ASST. TREASURER

1st/Lt Dan Rancourt, AP

(760) 787-7066

DLRancourt39@gmail.com

EXECUTIVE COMMITTEE

P/C Cida Diehl, SN-CN

1st/Lt Jill Powell, AP

FLAG LIEUTENANT

Position Open

MERIT MARKS

Lt Sandra Lippert

COMMANDER'S AIDE

IMMED. PAST COMMANDER

P/C Suzy Cooper, AP

MEMBER AT LARGE

1st/Lt Jeff Olsen, P

BOATING ACTIVITIES

Lt/C Shawn Goit, JN-ON

(760) 468-6212

District28USPS@gmail.com

PORT CAPTAIN

Lt Nigel Woolf, AP

(760) 753-6643

NKWoolf@hotmail.com

MEMBERSHIP CHAIR

Lt Sandra Lippert

(760) 749-3774

SMLippert58@gmail.com

RULES & LAW

Lt/C Adriaan Veldhuisen, SN-CN

(760) 716-4713

AWVeldhuisen@gmail.com

WEBMASTER/HISTORIAN

Lt Nancy Kangas, AP

(858) 208-8693

NancyWebWizard@gmail.com

SAFETY OFFICER

D/Lt Jake Alcantara,

(760) 468-6212

JacobCAIcantara@gmail.com

ADVERTISING & PUBLIC REL.

Position Open

SOCIAL MEDIA

Lt Nancy Kangas, AP

(858) 208-8693

NancyWebWizard@gmail.com

ENVIRONMENTAL COMMITTEE

Position Open

CO-OPERATIVE CHARTING

Position Open

LEADERSHIP DEVELOPMENT

Position Open

VESSEL SAFETY CHECK

Lt/C Shawn Goit, JN-IN

(760) 468-6212

District28USPS@gmail.com

THE MARINER'S NEEDLE EDITOR and ROSTER

1st/Lt. Jill Powell, AP

(760) 716-1675

Email: sanluisrey@earthlink.net

www.OceansideBoatingClasses.com

Like us on Facebook



Find us on Instagram



VISIT OUR NEW WEBSITE

[HTTPS://AmericasBoatingClubOceanside.org](https://AmericasBoatingClubOceanside.org)

NEED TO CONTACT SAN LUIS REY SAIL & POWER SQUADRON ?

Call or write: SLRSPS, 6554 Via Barona, Carlsbad, CA. 92009. USA.