



## SAN LUIS REY SAIL AND POWER SQUADRON

A Unit of the United States Power Squadrons®



OFFICIAL PUBLICATION



# APRIL 2021



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**Friday 16 APRIL**  
**1800**  
**BLUFF SUNDOWNER:**  
**VIRTUAL REALITY**  
**FIRE EXTINGUISHER**  
**DEMO by**  
**SHAWN GOIT**  
*See Page 4*

### INSIDE THIS ISSUE

COMMANDER'S CORNER	2
3 MONTH CALENDAR	2
HAPPY APRIL BIRTHDAY FOLKS	2
D28 CHANGE OF WATCH CRUISE 2022	3
SUNDOWNER—APRIL 16 "TROPICAL ATTIRE"	4
VR FIRE EXTINGUISHER DEMO	4
SEO EDUCATION UPDATE	5
LESSONS LEARNED FROM USCG	6
JUSTIN'S CULINARY CORNER	7
CULINARY CORNER RESULTS	8
NEW NATIONAL CHAIR FOR BOC PROGRAM	8
USPS & THE AMERICAN PRESIDENT	9
2020 SLRSPS BRIDGE	10

ADVERTISING RATES AVAILABLE



# 2021

## 3 MONTH CALENDAR

COVID-19 SOCIAL DISTANCING RESPECTED

### APRIL

- 5 1830 Exec. Com. Meeting—ZOOM Link  
 16 1800 Beach Sundowner—Marina Suites seaside lot—  
 Oceanside Harbor. *Sunset will be at 7:12p.m.*  
 Theme: Tropical Island—wear your “island attire”.

### MAY

- 3 1830 Ex. Com. Meeting — TBA  
 8 Safe Boating Campaign—Lifejackets. Ready, Set Wear It!  
 19 1830 All Member & Guest Event — Pending Covid  
 restrictions  
 22-28 USPS National Safe Boating Week  
 TBA Santa Catalina Island Rendezvous

### JUNE

- 4 1800 Beach Bluff Sundowner—Marina Suites seaside lot—  
 Oceanside Harbor  
 7 1830 Ex. Com. Meeting—Location TBA

## A Note From the Commander



**A**merica’s Boating Club and  
 America’s Boating Club

Oceanside. I must admit when I first heard the **United States Power Squadrons®** was changing its name to **Americas Boating Club®**, I did not think it was a very good idea. I guess I’ve always been sort of a skeptic.

I really do like the name United States Power Squadrons® and our name, **San Luis Rey Sail & Power Squadron**. There is something about the word “Squadron” I’ve always liked. When checking the definitions of a squadron all the references refer to the military and you can see the naval command structure reference in the United States Power Squadrons.

I know I must put my skepticism aside and look at the big picture. The many times that I’ve been wearing my United States Power Squadrons hat, people will ask me what group is that? Am I in the military? Am I a pilot? When I explain ***we are a club that promotes boating safety and education while having fun with our social activities*** I’ve still been asked why we call ourselves a squadron. Maybe I’m too old and stubborn but I’m finally a convert. I agree that **America’s Boating Club Oceanside** really is the best description of our club. The name will make more sense to the public and our national group is putting a lot of time, effort and money into marketing the America’s Boating Club name. We should be willing to take advantage of that.

Moving on, nothing much has changed due to the pandemic. I hope everyone that wants to take the vaccine gets a chance. I just received my second shot and am hopeful we can meet in person soon. We do have a tentative plan to meet for a Sundowner on April 16. Of course, pending the Covid restrictions. If the Sundowner is a go, I hope to see everyone there. We’ll send out a notice one way or the other. In the meantime, everyone stays safe and keep a positive outlook.

*All will be back to some type of normal soon.*

*Cdr Kirk T. Lippert, JN*

## Happy APRIL Birthdays



DAVID NACK	06
BOYD WEST	09
JUDE FLEMING	11
KIMBERLY BATUTIS	12
DENNIS ALBA	21
SHAUN McARDLE	25
ADAM LIPPERT	26
JILL POWELL	27



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Date	Port	Arrive	Depart
Mar 13	San Diego		4:00pm
Mar 14	At Sea		
Mar 15	At Sea		
Mar 16	Puerto Vallarta	8:00am	9:00pm
Mar 17	Mazatlán	8:00am	5:00pm
Mar 18	Cabo San Lucas	7:00am	3:00pm
Mar 19	At Sea		
Mar 20	San Diego	7:00am	

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Koningsdam

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Friday 16 April 2021 6 pm

## 'SUNDOWNER" Come One, Come All!

*A gathering by the sea on private USMC land,  
with the breeze and the sunset  
All members & guests invited!*

*Bring a picnic style snack and a refreshment, a  
folding chair and perhaps a light rug.  
Dogs welcome!*



*Wear your Tropical Duds*



**SIM SAFE  
FIRE EXT.  
DEMO**



# S.E.O. EDUCATION UPDATE



HANDS-ON-TRAINING STUDENT ALEX KARAYAN WITH INSTRUCTOR SHAWN GOIT



## SAFETY LESSONS LEARNED FROM THE U.S. COAST GUARD *for APRIL 2021*



There are most certainly disadvantages to getting older, but now we have found one advantage: *to get the COVID vaccine earlier.* We received both shots-in-the-arm, nearly without side effects, and we feel so much better about the future. My second half of March is spent in **Texas** with children and grandchildren that we haven't seen in person for more than a year. We also booked a European River Cruise in September and maybe another trip, or some sailing with friends, in the summer; *life is good!*

**Last month** I commented on the NTSB recommendations, designed to make small passenger vessels safer, following the horrific fatal boat fire which killed 34 people. This drew a lot of response and most opinions were positive in support of the proposed regulations, though similarly cautious about the implementation. I stand by my observation where the NTSB praised the **Coast Guard's** "*quick concurrence and their good intentions.*" But, the NTSB added, "*we have seen this often where a federal agency will indicate they intend to do something and it drags and drags and drags.*"

Last month's article dealt with the so-called "**General Prudential Rule**" which is virtually unchanged since 1864. To compare driving a car vs. "driving" a boat: responsibility or liability for the decisions of the operator of a car are not shared with the passengers while, in the event of a boating accident, those at fault can be all

participants involved (answer A). You may remember the **2009 San Diego Bay Parade of Lights** where a Coast Guard boat rammed an anchored 26-foot **Sea Ray**, killing the captain's 8-year-old son and injuring five others on board. The Coast Guard initially charged four enlisted members of the crew with criminal offenses ranging from involuntary manslaughter to dereliction of duty in the fatal collision.

For **this month's article** we will take a look at day shapes. As small to medium size boaters we may not display day shapes often, but most professionals do and we need to be able to make sense of them in a timely manner. Also note that most day shapes are for INLAND as well as INTERNATIONAL. **So my question is:** *by day, when it is impracticable for a small vessel engaged in diving operations to display the day shapes for a vessel engaged in underwater operations, it shall display*

- \_\_\_\_\_.
- A) *three black balls in a vertical line*
  - B) *two red balls in a vertical line*
  - C) *a black cylinder*
  - D) *a rigid replica of the International Code flag "A".*

I hope you find the answer in the **Navigation Rules & Regulations Handbook**. Note that my question takes a few liberties; there are no US Coast Guard definitions for impracticable or for small vessels. And if you wonder what International Code flag "A" looks like, there is a picture in the Handbook once you find the appropriate rule.

For **last month's bonus question** - name two vessels that sound the same signal in restricted visibility when underway or at anchor, and what is that signal? The answer is **Fishing and RAM** (*Restricted Ability to Maneuver*) with the signal of one long blast followed by two short blasts.

*Be safe out there.*

*Captain Adriaan Veldhuisen,  
awveldhuisen@gmail.com*



## Justin's Culinary Corner

### GRILLED RACK OF LAMB WITH MINT CHIMICHURRI

Rack of lamb is the “*filet mignon*” of the lamb. It is so good that it really doesn't need much of anything, and it cooks really quickly on the grill.

While it seems really fancy, it's really a great protein for **Easter** or a spring party because they cut into perfect little lamb lollipops.

A simple sauce to complement and a fresh salad is just perfect. I definitely don't like to give it a big marinade that will take away from the amazing lamb flavor, and it doesn't need any tenderization.

#### INGREDIENTS:

##### **LAMB**

- 1 rack of Lamb, cleaned and frenched
- 1 garlic clove, chopped
- 1 teaspoon chopped fresh thyme
- 1 teaspoon chopped fresh rosemary
- 1 tablespoon canola oil
- kosher salt & freshly ground pepper

##### **MINT CHIMICHURRI**

- 1/2 cup packed fresh mint
- 1/2 cup packed fresh Italian parsley
- 2 garlic cloves, chopped
- 1/2 cup extra virgin olive oil
- 1/8 cup red wine vinegar, or more to taste
- 1/2 teaspoon red pepper flakes, or to taste
- 1/2 teaspoon kosher salt
- 1/4 cup diced red onion

#### INSTRUCTIONS

##### **LAMB**

- ◇ Combine the garlic, thyme, rosemary, and canola oil in a small bowl.
- ◇ Rub mixture over the lamb and let it come to room temperature.
- ◇ Pre-heat your grill until hot for about 5 minutes if using a charcoal grill, or about 15 minutes on medium-high if using gas.
- ◇ Season the lamb heavily with kosher salt and freshly ground pepper.
- ◇ Clean and oil the grill grates.
- ◇ Sear the lamb bone side down first and rib bones facing

away from the flames so they don't char, over a medium part of the grill for about 5 minutes per side with the lid closed. Be very careful of flare-ups.

- ◇ Once you have nice grill marks, move the rack indirect heat to finish cooking until the internal temperature reaches 120 to 125 degrees for medium-rare, or 130 to 135 degrees for medium.
- ◇ Rest the lamb for 10 to 15 minutes on a cutting board tented with aluminum foil, then slice between the rib bones.
- ◇ Serve with the mint chimichurri and salad or your favorite veggie. Sprinkle some coarse salt on each piece of lamb before serving.



#### MINT CHIMICHURRI

- ◇ Add the mint, parsley, garlic, olive oil, red wine vinegar, red pepper flakes and salt to a blender or food processor.
- ◇ Pulse until the ingredients are well chopped, but not puréed. Be careful not to blend for too long as the blades can heat up and cause the mint to turn black. Use a spatula to scrape down the sides to get an even chop.
- ◇ Transfer the sauce to a small bowl and stir in the diced red onion.
- ◇ Taste for seasoning and add more salt, red wine vinegar and pepper flakes as needed.
- ◇ Cover with plastic against the top of the chimichurri and store in the refrigerator before using.

#### **NOTES**

Rack of Lamb is best eaten when it is cooked medium-rare and not over cooked.

This lamb recipe can easily be doubled to make two racks to serve 4 people

Chimichurri recipe yields about 1 cup of sauce and will be more than enough for multiple racks of lamb.

**FEEDBACK:** [justin@saltpepperskillet.com](mailto:justin@saltpepperskillet.com)

WEBSITE/READ MORE AND SEE PHOTOS:

[HTTPS://SALTPEPPERSKILLET.COM](https://saltpepperskillet.com)

**HAVE YOU MADE ONE OF JUSTIN'S RECIPES?**

**YES! WE DID.....**

**SMOKED SALMON  
PASTA  
MARCH 2021 ISSUE**



CHERYL VELDHIJSEN

JILL POWELL

SEND US YOUR PHOTOS OF  
JUSTIN'S GRILLED RACK OF LAMB  
FROM PAGE 8



**THE  
MARINER'S NEEDLE**

**DID YOU KNOW** that at least 162 out of the 327 USPS/Americas Boating Clubs do not have a squadron newsletter.

So please enjoy yours and try to contribute either a photo or an article once in a while.

*Thank you!*

*Photos in this issue courtesy of: Cheryl Veldhuisen, Jill Powell, Nancy Kangas and Richele Daciolas-Semon.*

*If you would like to see either yours or more photos, please make sure you send them to the Editor prior to the 25th of each month.*



[sanluisrey@earthlink.net](mailto:sanluisrey@earthlink.net)

**NEW NATIONAL CHAIR FOR  
BOAT OPERATOR  
CERTIFICATION PROGRAM**

R/C Shawn Goit, JN-ON will chair the **National Boat Operator Certification** committee. He is a native **Southern Californian** and has been an avid boater all his life. He is a retired window contractor who lives in Oceanside, CA with his wife, and two young adults; They all enjoy a 42' **Hunter Passage** sailboat. Shawn has enjoyed being a member of **America's Boating Club** for many years and has been particularly interested in the BOC program having served as assistant chairman of the National Boat Operator Certification (BOC) committee. He has qualified for all four levels of BOC and particularly enjoys hands-on teaching having taught many of our on-the-water training programs. Shawn started as a power boater but turned to sailboats about 15 years ago. He has dealt with a serious emergency at sea, and a fire on board while 80 miles off shore. Fortunately he was able to extinguish the fire without injuries and little damage resulted. He has also sailed roundtrip from **Oceanside to Puerto Vallarta, Mexico**. He and his wife plan to cruise extensively when she retires.



# UNITED STATES POWER SQUADRONS® and the AMERICAN PRESIDENT

9

From the earliest days of the **United States Power Squadrons**, the Squadrons have been a civic service oriented organization dedicated to **Safe Boating through Education**.

Many American Presidents have recognized us for this effort over the years.

We begin with **Franklin D. Roosevelt** accepting an honorary membership in 1939.

Pictured with FDR is **Charles F. Chapman**, one of the founding fathers of USPS. As **World War I** threatened to engage our nation, all Americans became very active in the preparedness movement.



The **United States** declared war on **Germany** on **6 April 1917**, and with the coming of hostilities, **Charles F. Chapman** sent a letter to **Franklin Delano Roosevelt**, **Assistant Secretary of the Navy**, volunteering the entire **USPS** instructional program for the training of men for naval coastal defense. Secretary Roosevelt accepted the proposal with gratitude.

In **New York City** four free nautical schools were established. Based on records, total enrollment exceeded 3,000 students.

Similar schools were organized by local squadrons in **Boston**, **Detroit**, **Newburg**, **New Haven** and **Washington, D.C.**

Over 5,000 men who attended these classes entered the armed services, and based in significant part on the quality of their USPS training, many were appointed officers. Squadron members themselves enlisted in the navy and many, because of their outstanding nautical education and background, soon earned commissions. A number of members were appointed by the **Secretary of Commerce** as "**Navigation Inspectors**" with duties on the water similar to those performed by the **Coast Guard Auxiliary** during **World War II**.

**President Nixon** also recognized USPS. During his term, the presidential yacht was named "**Sequoia**". **President Nixon** presented USPS with a presidential flag that flew on that yacht.

# UNITED STATES POWER SQUADRONS®

*Come for the Boating Education...Stay for the Friends<sup>SM</sup>*

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