



# THE MARINER'S NEEDLE



July 2021

Volume 61 Number 1

Celebrating 61 years!

USPS District 28

## SAN LUIS REY SAIL AND POWER SQUADRON

A Unit of the United States Power Squadrons®



OFFICIAL PUBLICATION



# JULY 2021

### INSIDE THIS ISSUE

COMMANDER'S CORNER	2
4 MONTH CALENDAR	2
HAPPY JULY BIRTHDAY FOLKS	2
AUGUST 6 FUNDOWNER SUNDOWNER	3
SEO EDUCATION UPDATE	4
LESSONS LEARNED FROM USCG	5
D28 SPRING 2022 CRUISE	6
JUSTIN'S CULINARY CORNER	7
PHOTO PAGE FROM JUNE 2021	8
ABC CLASS 2021 PHOTOS	9
2021 SLRSPS BRIDGE	10

ADVERTISING RATES AVAILABLE



The 60+1 Anniversary Committee get together to reconfigure the celebration: Barbara & Richele Daciolas Semon, Cida Diehl, Jill Powell and Nancy Nangas



# 2021

## 4 MONTH CALENDAR

### JULY

12 1830 Ex. Com Meeting — Hosted by Kirk & Sandra Lippert

### AUGUST

2 1830 Ex. Com. Meeting—Home of Chris Peavey & Nancy Kangas

6 **1800 Beach Bluff Fundowner Sundowner—Marina Suites sea-side lot—Oceanside Harbor. 60+1 SLRSPS Birthday. Catered. Social, Games, Bocce Ball Match—bring your team! See P. 3**

29 USPS/ABC National Governing Board Meeting. Location: Hilton Raleigh North Hills, Raleigh, NC

### SEPTEMBER

10-12 **Cruise to Catalina—Organizer TBA**

13 Ex Com. Meeting—Home of Jeff Olsen

15 **1830 All Member & Guest Event—Potluck Dinner—OYC TBA Oceanside Harbor Days—TBA**

26-30 Lake Powell—Hosted by Phoenix Sail & Power Squadron.

### OCTOBER

04 Ex. Com Meeting—Location TBA

22-24 Mission Bay raft-Up

## Happy JULY Birthdays

<b>CHRISTA SWAN</b>	<b>05</b>
<b>JAN FOLLESTAD</b>	<b>06</b>
<b>KEN SMITH</b>	<b>06</b>
<b>DENMISE TOMCZAK</b>	<b>08</b>
<b>JEFF OLSEN</b>	<b>18</b>
<b>JODI DIMOND</b>	<b>19</b>
<b>ADRIAAN VELDHUISEN</b>	<b>25</b>

## A Note From the Commander



Summer is here and the weather in Southern California could not be better.

I can tell the weather is nice because my daughter **Sara** just borrowed my truck to haul a couple of kayaks to **Oceanside Harbor**. She and her friend **Haley** wanted to get some time out on the water. I let the girls get the kayaks prepared and loaded. Next, they stowed the paddles and PFDs in the backseat of the truck, and then it was time for my *paddling safety speech*. I did get a few of those “*I know Dad*” looks but feel that I managed to get my points across.

Talking to Sara and Haley did remind me that our club has talked about putting on a **paddling safety class** in Oceanside. I do see many people in kayaks and on paddle boards in the harbor. They are easy to rent there and appear to be popular. I heard recently that some people in a kayak came too close to the breakwater and overturned. Some good Samaritans fishing on the rocks helped rescue the kayakers. This could be a great time to organize a paddling class. **Let me know what you think.**

Our last **Sundowner** event did not have much of a turnout, unfortunately. You don't know what you are missing when you don't come to one of our sundowners. There is not a nicer view than our spot by the **Marina Suites**. We have it all to ourselves and the view is beautiful. **Next opportunity is Friday August 6 and we are calling it our *Fundowner Sundowner* because THIS one will be FUN for ALL! A 60+1 San Luis Rey Sail & Power Squadron Birthday Celebration** too. Catered, outside, no masks required — unless you choose to wear one. Come join in the fun and enjoy the view.

Wishing everyone great health and safe boating and hope to see you at our **Beach Bluff Fundowner Sundowner**. See Page 3.

*Stay safe and God Bless.*

*Cdr Kirk T. Lippert, JN*

# Fundowner Sundowner

Click to sign-up: <https://americasboatingcluboceaside.org/FDSDsignup/>

Friday August 6, 2021  
6-8 pm  
Marina Suites Lot  
FREE WITH SIGN-UP



Sign up deadline is  
Wednesday, August 4, 2021  
(\$10/person charge at gate)

Sign-up **NOW**

Raffle Prizes  
Games  
Socialize with your friends  
Celebrate our 60th Anniversary

**Food:**

- Chicken
- Potato Salad
- Green Salad
- Dessert
- Soft Drinks and Water



# S.E.O. EDUCATION UPDATE

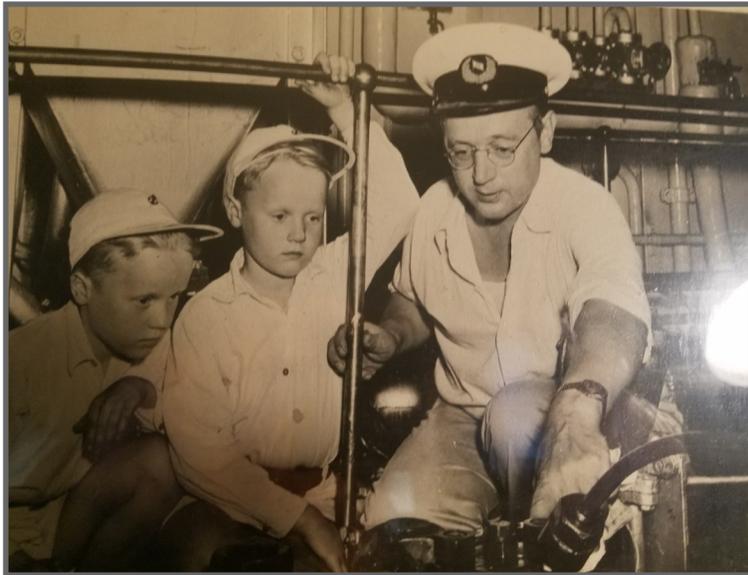


When should seamanship education begin in a person's life? Using my own life as a guide, I would say *as early as possible*.

My boating education began 70 years ago when my grandfather showed me how to use a

rowing oar. I was not strong enough to operate one in each hand so my brother **Bjorn** held the other one. Soon we could row together and the 21' wooden boat would just glide through the water.

At 8 years of age I had my first lesson on the subject of **Engine Maintenance**. See photo of *M/S Oгна's* Engine Room The chief explains how to take off the top, some times this was done underway. Even the nuts needed a large wrench (*How do you lift the wrench?*)



Our **Engine Maintenance** Class starts on Thursday 02 September. Lead Instructor will be **Jorge L. Alonso**.

In 1970 I moved to **Marin County** and the **San Francisco Bay**

was nearby. The need to have a sailboat was a "must". I passed the **America's Boating Course** and was invited to join the **Marin Power Squadron**.

In 1979, after passing **Piloting** and **Advanced Piloting** I finally had my "**White Rose**" and she was a dream! See photo at **China Camp** by the **Richmond Bridge**.



The weather in the Bay and outside the **Golden Gate Bridge** was a pleasure for the sailboat. She loved the strong wind and I always felt secure in her.

The knowledge of dead reckoning, magnetic course and understanding a chart gave me the confidence needed to enjoy the sailboat. The ocean has its own sound when the 34hp diesel engine was off.

Our **America's Boating Class** will begin on Tuesday 26 June with Chart Use and Understanding.

Instructor : **Jan Follestad**, SN – CN.

(760) 712-7161 or [follestad71@gmail.com](mailto:follestad71@gmail.com)



*Photos in this issue courtesy of: Emi & Jan Follestad, Jill Powell, and Nancy Kangas.*

*If you would like to see either yours or more photos, please make sure you send them to the Editor prior to the 25th of each month.*

## SAFETY LESSONS LEARNED FROM THE U.S. COAST GUARD *for* JULY 2021



The theme of this month could be “*back to normal*” in spite of political and medical hesitation, and I am all ready for fun, travel, friends and family. I hope we can still keep safety in mind. For my work on boating safety I recently became involved in an interesting discussion. My regular readers know that I strongly promote having, and using, the **USCG Navigation Rules & Regulations Handbook**. By-the-way, the most current version is **NTM 8/20 of May 2, 2020**. But there is an online and searchable version available, also from the Coast Guard, called the **Amalgamated International & U.S. Inland Navigation Rules** <https://www.navcen.uscg.gov/?pageName=NavRulesAmalgamated>. I use this site often to do research. **So can you have electronic access, or a printed copy, of the Amalgamated Rules on your vessel to satisfy the rules?** Here’s my answer:

*When I teach, I require students to use the official (and latest) USCG Navigation Rules & Regulations Handbook. For one, I hope to achieve familiarity by my students on solving a question using the Handbook, and for another INLAND Rule 1 (g) says “The operator of each self-propelled vessel 12 meters or more in length shall carry, on board and maintain for ready reference, a copy of these Rules.” It does not say Rules like this, or an abbreviated version, or an electronic version. One section I point out is that 33 CFR 80 shows the student where the demarcation line is for their particular harbor, and there are many more differences. I also highly promote having a hard-copy on board if your vessel is NOT 12 meters in length. Having said that, I like the Amalgamated online version and use it often for easy reference.*

In **last month’s article** we looked at the requirement of some sort of anchor light for a small vessel, so I asked what the requirement is at night, if your vessel is less than 7 meters in length (23 feet) and anchored in an area where vessels do not normally navigate. I received several responses and the cor-

rect answer was A) ***you are not required to show any anchor lights, based on Rule 30 (e)***. However, you may still show an anchor light (one white light) if you like, just to be more visible.

For **this month’s challenge** let’s stay on the topic of anchoring, just a little longer. Say your vessel is larger and there is a concern about visibility and collision. So here’s my question: **You are in charge of an almost 20-meter long power-driven vessel at anchor in fog. You hear the fog signal of a vessel underway growing louder off your port bow. You may sound**

- \_\_\_\_\_.
- A) *at least five short and rapid blasts*
  - B) *two short blasts*
  - C) *one short, one prolonged, and one short blast*
  - D) *three short blasts*

I hope you find the one correct answer in the Navigation Rules & Regulations Handbook, and that you let me know. You may also find, in the rest of this same Rule, why the other three answers are wrong!

*Be safe out there.*

*Captain Adriaan Veldhuisen,  
awveldhuisen@gmail.com*

**“What a trip. I want to go back!” I.T.P.**

**Stay tuned for a forthcoming article: Delivering San Francisco’s 65’ schooner Bay Lady to Tacoma — 7 days including a 24 layover in Eureka due weather. Ian Powell USCG Chief Warrant Officer (Top at Mast) and graduate of USPS ABC Course at aged 12. Captain Noah on right.**



## Explore the world with Holland America Line

Cruise in classic style to more than 400 destinations in the comfort of a well-appointed, mid-sized ship. Encounter fascinating lands and cultures. And make lasting memories on a Holland America Line cruise.

Book now for the best savings.

Date	Port	Arrive	Depart
Mar 13	San Diego		4:00pm
Mar 14	At Sea		
Mar 15	At Sea		
Mar 16	Puerto Vallarta	8:00am	9:00pm
Mar 17	Mazatlán	8:00am	5:00pm
Mar 18	Cabo San Lucas	7:00am	3:00pm
Mar 19	At Sea		
Mar 20	San Diego	7:00am	

*There is still space onboard!*

*Please join many of your peers – other squadron or America's Boating Club members.*

*.... And the USPS/ABC Chief Commander*

*A fun time is guaranteed.*



### 7-DAY MEXICAN RIVIERA

Mar 13, 2022

Koningsdam

**FARES FROM\***

Interior Stateroom	us\$969
Ocean-View Stateroom	us\$1,069
Verandah Stateroom	us\$1,169
Suites	us\$1,669

Private Cabana on Deck

USPS/ABC Change of Watch 2022 Cruise Contact: Jill Powell (760) 716-1675 Talk/Text



\* Fares are based on Promo(s) N1, NH, OF. Featured fares are per person based on double occupancy, cruise or Land+Sea Journeys only. Fares may vary by departure date. Fares are in U.S. dollars. All savings amounts are included in the fares shown. Taxes, Fees & Port Expenses are an additional us\$115 and subject to change. Subject to availability. Represented best fares reflect prices available on 05/28/21. For more information about our stateroom categories and suite descriptions, to view deck plans and for full terms and conditions applicable to your cruise, please refer to hollandamerica.com or the appropriate Holland America brochure. Offers are capacity controlled, and may be modified or withdrawn without prior notice. Other restrictions may apply. Ships' Registry: The Netherlands. We are staying atop health and safety protocols in our continuing effort to minimize the risk of exposure to COVID-19, which may impact our voyages and offerings, including amenities and itineraries. All U.S. voyages are subject to CDC Cruise Travel Advice which is available at hollandamerica.com/advisory.



## Justin's Culinary Corner

### BBQ SMOKED BABY BACK RIBS

Baby back ribs were made for smoking. So let's do it, cowboy-style. Smoky, sticky and so much flavor. *It doesn't get much better.*

#### **INGREDIENTS**

1 rack baby back ribs  
 1 Tbsp slather canola oil or mustard (optional)  
 2 tsp kosher salt  
 2 tsp sugar  
 ¼ cup dry rub for ribs  
 Wood chunks, chips or pellets (see note)  
 ¼ cup spritz (50/50 ratio of apple cider vinegar and water)  
 ⅓ cup barbecue sauce plus more for serving  
 3 Tbsp unsalted butter

#### **INSTRUCTIONS**

Prep the ribs by thoroughly rinsing and then removing the membrane on the backside: Slide the tip of a knife along the bone to loosen the membrane enough to be able to grab it with a paper towel and slowly pull it off.

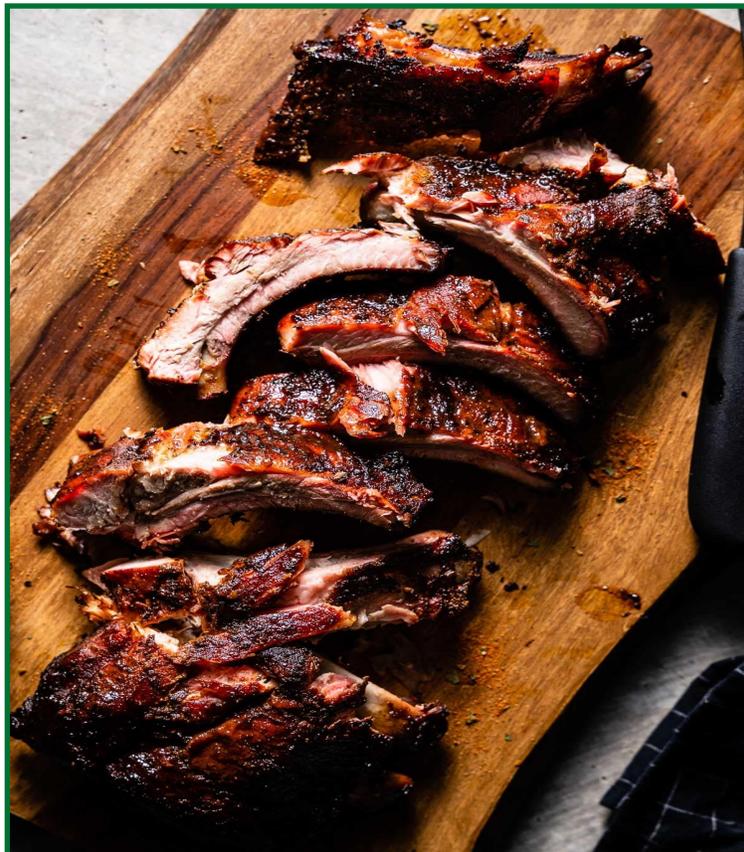
Coat the ribs with a light layer of neutral oil or mustard to help the seasoning stick (optional). Sprinkle on the salt, sugar and an even dusting of dry rub (about ¼ cup per rack).

Set up your smoker for indirect cooking with a water drip pan in place and preheat to 250° F with your preferred wood (I used post oak).

Place the ribs in the smoker with the meat side toward the hottest part or vertically in a rib rack.

After 1 hour, spritz a few times to attract more smoke and keep them moist. Just don't open the lid more often than needed. Smoke for about another hour for a firmer, competition-like texture or 2 hours for fall-off-the-bone, tender texture, and until when the color is beautifully browned.

Transfer the ribs to aluminum foil or butcher paper and brush on barbecue sauce on all sides. Add chunks of butter to the meatier side. Wrap tightly and seal. Place the wrapped ribs back in the smoker (or oven) and cook for about 1 hour more. Do the bend test to see if the ribs easily flex and are tender. Then they are finished.



Remove from the wrap and finish with a little more barbecue sauce and a quick sear on a hot grill or broiler to caramelize the barbecue sauce and finish the bark. Rest for about 10 minutes before slicing and serving.

#### **NOTES**

The recipe is for a single rack of ribs, but it can easily be scaled up (which I would highly recommend).

You can prep and season the ribs a few hours before or even the night before cooking.

Use wood chunks for charcoal smokers, chips for gas and pellets for pellet smokers.

Wrap the ribs when the internal temperature reaches 165° - 170° F. They are finished when the internal temperature is between 190° and 205° F, depending on the texture you are going for.



*There is room for US all!*

*... And then there was Nancy Kangas taking a bicycle ride around Osprey, FL.(1 mile inland)*



*The view from the Peavey's 2nd home in Osprey, FL*



*Chris Peavey (Rear) and Nancy Kangas (Center) getting some boating time in Osprey, FL.*

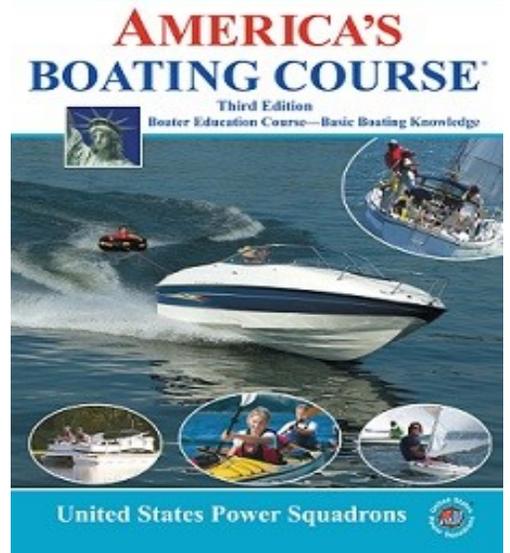
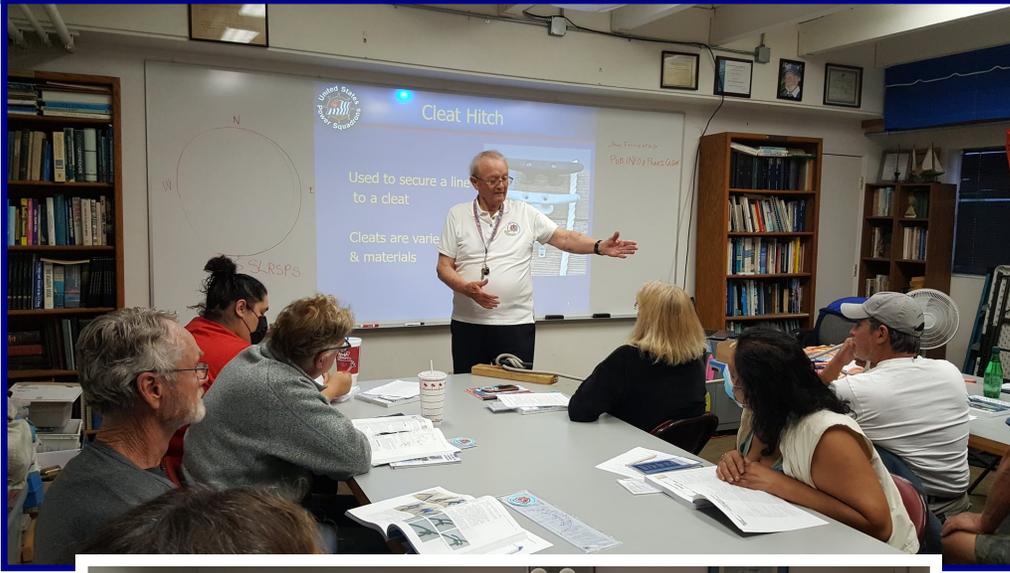


*Sunsets Galore!*



*Plenty of boat rental opportunities in and around West Coast Florida.*

# ABC Class 2021<sup>9</sup>





## SAN LUIS REY SAIL & POWER SQUADRON : 2021—2022 BRIDGE



### COMMANDER

Cdr Kirk Lippert, JN  
(760) 749-3774  
KL3139@att.com

### EXECUTIVE OFFICER

Lt/C James Weaver  
(760) 638-1036  
JWeaver2845@gmail.com

### ADMINISTRATIVE OFFICER

Lt/C Richele Daciolas-Semon, AP  
(760) 439-8080  
RicheleDS@gmail.com

### ASST. ADMINISTRATIVE OFFICER

1st/Lt Barbara Daciolas-Semon, S  
(760) 439-8928  
DaciolasSemon@gmail.com

### SECRETARY

Lt/C Elizabeth Cook, P  
(760) 751-1871  
4echo@cox.net

### EDUCATION OFFICER

Lt/C Jan Follestad, SN-CN  
(760) 712-7161  
Follestad71@gmail.com

### ASST. EDUCATION OFFICER

1st/Lt Shawn Goit, JN-ON  
(760) 468-6212  
District 28USPS@gmail.com

### TREASURER

Lt/C Chris Peavey, N-IN  
(858) 220-9170  
CPVSLR@gmail.com

### ASST. TREASURER

1st/Lt Dan Rancourt, AP  
(760) 787-7066  
DLRancourt39@gmail.com

### EXECUTIVE COMMITTEE

P/C Cida Diehl, SN-CN  
1st/Lt Jill Powell, AP

### FLAG LIEUTENANT

Position Open

### MERIT MARKS

Lt Sandra Lippert

### COMMANDER'S AIDE

Lt Sandra Lippert

### IMMED. PAST COMMANDER

P/C Suzy Cooper, AP

### MEMBER AT LARGE

1st/Lt Jeff Olsen, P

### BOATING ACTIVITIES

Lt/C Shawn Goit, JN-ON  
(760) 468-6212  
District28USPS@gmail.com

### PORT CAPTAIN

Lt Nigel Woolf, AP  
(760) 753-6643  
NKWoolf@hotmail.com

### MEMBERSHIP CHAIR

Lt Sandra Lippert  
(760) 749-3774  
SMLippert58@gmail.com

### RULES & LAW

Lt/C Adriaan Veldhuisen, SN-ON  
(760) 716-4713  
AWVeldhuisen@gmail.com

### WEBMASTER/HISTORIAN

Lt Nancy Kangas, AP  
(858) 208-8693  
NancyWebWizard@gmail.com

### SAFETY OFFICER

D/Lt Jake Alcantara, P  
(760) 468-6212  
JacobCAIcantara@gmail.com

### ADVERTISING & PUBLIC REL.

Position Open

### SOCIAL MEDIA

Lt Nancy Kangas, AP  
(858) 208-8693  
NancyWebWizard@gmail.com

### ENVIRONMENTAL COMMITTEE

Position Open

### CO-OPERATIVE CHARTING

Position Open

### LEADERSHIP DEVELOPMENT

Position Open

### VESSEL SAFETY CHECK

Lt/C Shawn Goit, JN-IN  
(760) 468-6212  
District28USPS@gmail.com

### THE MARINER'S NEEDLE EDITOR and ROSTER

1st/Lt. Jill Powell, AP  
(760) 716-1675  
Email: [ABCSanLuisRey@gmail.com](mailto:ABCSanLuisRey@gmail.com)

Like us on Facebook



Find us on Instagram



VISIT OUR NEW WEBSITE

[HTTPS://AmericasBoatingClubOceanside.org](https://AmericasBoatingClubOceanside.org)